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# Saskatchewan Artistic Swimming

Modified Figure Descriptions

2020-2021



Saskatchewan Artistic Swimming  
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# Saskatchewan Artistic Swimming – Descriptions of Modified Figures


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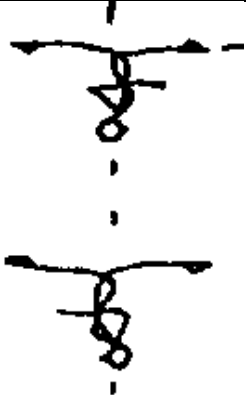
## AWAD–C Level 2

### 316 Kipnus Modified – Steps 2 and 3 (SR and SCK)

Rule Book Description	Diagram	Major Desired Actions
2. A <b>Bent Knee Vertical Position</b> is assumed.		2. See BP 14 <b>Bent Knee Vertical Position</b> .
3. A <i>Vertical Descent</i> is executed in a <b>Bent Knee Vertical Position</b> .		3. See BM 10 and BP 14.




## 10U Basic Transitions

### 423 Ariana Modified - Step 2 (SR)

Rule Book Description	Diagram	Major Desired Actions
Begin in <b>Split Position</b> .  2. Maintaining the relative position of the legs to the surface, hips rotate 180°.		See BP 16a <b>Split Position</b> .  2. The trunk turns 180° around its longitudinal axis, while the legs rotate horizontally at the surface, with the height and extension of BP16 <b>Split Position</b> equal throughout. Position is held only long enough to demonstrate control and accuracy.

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## 101 Ballet Leg Single Modified - Step 1, 2, 3 (SR)

Rule Book Description	Diagram	Major Desired Actions
1. Begin in a <b>Back Layout Position</b> . One leg remains at the surface throughout.		1. See BP 1 <b>Back Layout Position</b> .
2. The foot of the other leg is drawn along the inside of the extended leg to assume a <b>Bent Knee Back Layout Position</b> .		2. See BP 14b <b>Bent Knee Back Layout Position</b> . The toe of the bending leg maintains in contact with the inside of the extended leg. Minimal drop in hips.
3. The knee is straightened, without movement of the thigh, to assume a <b>Ballet Leg Position</b> .		3. See BP 3a <b>Surface Ballet Leg Position</b> . Water line remains constant. Timing of lift same is that of draw to the bent knee position. Position is held only long enough to demonstrate control and accuracy.