

SASKATCHEWAN 
ARTISTIC 
SWIMMING

Rulebook

2023 – 2024

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2023-2024 Saskatchewan Artistic Swimming Rules

Saskatchewan Artistic Swimming and its affiliated members shall abide by the rules and regulations of AQUA, the Aquatic Federation of Canada or CAS (Canadian Artistic Swimming).

This document is intended to act as a supplement to CAS. To locate rules not contained in this Saskatchewan Artistic Swimming document, please consult the CAS Rulebook.

Please direct any inquiries to the SAS Technical Director, via email to TD@saskartisticswimming.ca.

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1 DEFINITIONS

Competitive Season: The competitive season shall be from January 1 to June 30.

Off Season Competitions: Competitions that take place from July 1 to December 31.

Compete: To participate in an event in which there is ranking with others.

2 AFFILIATION

2.1 Club Membership Options

2.1.1 Competitive Club

A Competitive club is a club that delivers competitive programs and may include recreational programs. It may have any combination of Competitive National Athletes, Competitive Provincial Athletes or Limited Competitive Athletes and Recreational Athletes.

2.1.2 Recreational Club

A Recreational club is a club that delivers only recreational programs. It will have only Recreational Athletes. The focus is on the learning of artistic swimming skills and the promotion of artistic swimming as recreation via yearly and seasonal programs.

NOTE: A club must register at the level of their highest-level swimmer. If a Club has Recreational Athletes and one Competitive Athlete, then the Club must register as a Competitive Club. If the Club has only Recreational Athletes, then the Club must register as a Recreational Club, not a Competitive Club.

2.2 Athlete Membership Options

2.2.1 Registration

- All athletes must register with a local club, the provincial association, and Canada Artistic Swimming.

2.2.2 Competitive Athlete

- All types including [Adaptive Artistic Swimming \(AdAS\)](#) and Masters.
- An athlete who participates in a Canada Artistic Swimming program.
- An athlete who competes at competitions.

2.2.2.1 Competitive National

- Categories: Youth, Junior, Senior.
- Attend:
 - Marnie Eistetter Training Meet, Diane Lemon Invitational and Sandra Roberts Provincial Championship.
 - Canada Artistic Swimming Qualifier and Nationals.
- Routines competed at Qualifiers/Nationals are not eligible to compete at Sadie Caulder Knight Provincial Championship or Canadian Prairie Championship.

2.2.2.2 Competitive Provincial

- Categories: 10 & Under (10U), 12 & Under (12U), Novice, Youth (15U), Junior, [Adaptive Artistic Swimming \(AdAS\)](#), Masters.
 - Novice is defined as a first-year athlete aged 11 and over.
- Attend:
 - Marnie Eistetter Training Meet, Sandra Roberts Provincial Championship, Diane Lemon Invitational and Sadie Caulder Knight Provincial Championship.
 - Optionally attend Canadian Prairie Championship.

2.2.2.3 Limited Competitive

- Categories: 10 & Under (10U), 12 & Under (12U), Youth (15U), Junior, [Adaptive Artistic Swimming \(AdAS\)](#), Masters.
- May compete at only one competition as designated by Saskatchewan Artistic Swimming. The designated competition is Sadie Caulder Knight Provincial Championship.

2.2.2.4 Masters

- Categories: age groups. See CAS Appendix III for more information.
- Attend:
 - Sandra Roberts Provincial Championship, Diane Lemon Invitational and Sadie Caulder Knight Provincial Championship.
 - May attend Sandra Roberts Provincial Championship as invitational entries.
 - Optionally attend Canadian Prairie Championship.

2.2.2.5 Adaptive Artistic Swimming (AdAS)

- [AdAS](#) has many levels. See CAS Appendix IV for more information.
- Attend:
 - Marnie Eistetter Training Meet, Diane Lemon Invitational and Sadie Caulder Knight Provincial Championship.
 - May attend Sandra Roberts Provincial Championship as invitational entries.
 - Optionally attend Canadian Prairie Championship.

2.2.3 Competitive Athlete Pathway Changes

- At the beginning of the season, an athlete may move from Competitive to Limited Competitive.
 - An athlete who competed or attended Qualifier/Nationals may register as Limited Competitive but may not compete.
 - A former National athlete may register as Limited Competitive but may not compete in the Limited Competitive category for 2 years.
 - A former Provincial athlete may register as Limited Competitive and may compete in the Limited Competitive category that year.
- A Novice athlete must register as a competitive athlete in the appropriate age group after one year as a Novice athlete.

- A Limited Competitive athlete has three options for registration in the following year.
 - Continue as a Limited Competitive athlete.
 - Register as Novice provided, they have never registered and swam as a Novice or Competitive athlete in the past and they are older than 11 years of age for the competitive year.
 - Register in their own competitive age group.

2.2.4 Recreational Athlete

- Participates in a Canada Artistic Swimming recreational program who does not compete.
- A Recreational athlete may choose to move to competitive during the season and pay only the difference in fees.

2.2.4.1 Short Term Recreational Athlete

- Participates in a summer camp, seasonal program, or other type of non-competitive program or session for a period of 6 weeks or less.
- May participate in more than one program or session per year and must pay the affiliation fee for each session.

2.2.4.2 Recreational Adult

- Participates in an artistic swimming program for adults aged 19+ years of age.

2.2.4.3 Adaptive Artistic Swimming (AdAS)

- Participates in a recreational artistic swimming program.

2.2.4.4 University

- An athlete who is a member of a university team that participates in the Canadian University Artistic Swimming League (CUASL).
- An athlete who is eligible to participate as an exhibition swimmer at the Sadie Caulder Knight Provincial Championships in the Masters category as well as the Canadian Championships as outlined in CAS.
- A university athlete may choose to register as a Masters or Senior athlete to compete at provincial or national competitions.

2.3 Coach Membership Options

2.3.1 Competitive Coach

- An individual who is registered as a coach with Saskatchewan Artistic Swimming and Canada Artistic Swimming.
- An individual who coaches on deck at competitions.

2.3.2 Recreational Coach

- An individual who is registered as a coach with Saskatchewan Artistic Swimming and Canada Artistic Swimming.
- An individual who coaches a recreational program within their local club.
- An individual who does not coach on-deck at competitions.

2.4 Volunteer Membership

Volunteers are an essential part of Saskatchewan Artistic Swimming. Volunteer Registration ensures individuals are covered under the Saskatchewan Artistic Swimming insurance policy while chaperoning and/or volunteering at sanctioned events, transportation to and from practice or competitions, or participating on a local Board. One or two parents/guardians from each family are asked to become a member of Saskatchewan Artistic Swimming.

2.5 Affiliation Fees

See Saskatchewan Artistic Swimming Fee Schedule

- Available on the website - www.saskartisticswimming.ca > Governance > Fee Schedule.
- Contact the Saskatchewan Artistic Swimming Executive Director at 306-780-9227 for more information.

Club Affiliation Fees	<i>Fees reviewed and updated annually</i>
Competitive Club	
Recreational Club	
Competitive Athlete Affiliation Fees	
10U, 12U, Novice, Youth, Junior, Senior	
Limited	
Masters	
Adaptive Artistic Swimming (AdAS)	
Recreational Athlete Affiliation Fees	
Recreational	
Short Term Recreational	
Adult	
Adaptive Artistic Swimming (AdAS)	
University	
Coach Affiliation Fees	
Competitive Coach	
Recreational Coach	
Officials Affiliation Fees	
National – Level 3 and above Judges/Referee	
Provincial – Level 1 & 2 Judges/Referee	
Technical Controllers	
Other Affiliation Fees	
Associate (Member with both SAS & CAS)	
Volunteer	

2.5.1 Registration in Multiple Roles

- A judge/referee who registers in addition to being a coach or athlete shall receive a reduction in their current year affiliation fee. The reduction shall be the lesser of \$20 or the actual coach/athlete registration owing.

- An individual who registers as both a coach and athlete in one club shall pay the higher affiliation fee owing.
 - Example: individual registers as a master's athlete and registers as a Provincial Competitive coach in the same club. Fees are \$67 and \$47. Fee payable is \$67.

2.5.2 Registration with more than one club

- A Club may not solicit athletes (or the parents of minor athletes) from another club without receiving approval from the head coach who is responsible for the athlete.
- CAS 4.4: In sanctioned competitions, no artistic swimmer can represent more than one Club during the Competitive year.
- Notwithstanding CAS 4.4, an individual may register with more than one Saskatchewan club in multiple roles provided athlete registration is with only one club. The affiliation fee is the highest of all possible fees.
 - Example 1: an individual registers with Club A as a competitive coach and registers with Club B as a complete Coach. Fee payable is \$47 by one club or may be split between the two clubs.
 - Example 2: an Individual registers as Club A as a competitive coach and registers with Club B as a master's athlete. Fees payable are \$47 and \$22. Fee payable to Saskatchewan Artistic Swimming is \$67.
 - Example 3: an individual registers with Club A as a competitive coach, with Club B as a recreational coach (no national or provincial competitive athletes) and with Club C as a master's swimmer. Fees payable are \$47, \$22, and \$67. Fee payable to Saskatchewan Artistic Swimming is \$67.
 - Example 4: an individual register with Club A as a Senior swimmer and wants to register with Club B as a master's swimmer. This is not permitted.
- Notwithstanding CAS 4.4, an individual may register with more than one Saskatchewan club under the following circumstances:
 - National Athletes
 - Competing in Canadian Championships as members of a sanctioned Provincial Team or athletes from more than one club may combine to form duets, mixed duets, teams, and free combination teams called interclub entries as per CAS 4.4 d). Transferring athletes must follow all relevant CAS rules.
 - Provincial Athletes
 - Competing in Saskatchewan Artistic Swimming sanctioned competitions as a member of a sanctioned District or in the team event, athletes from more than one club may combine to form teams called interclub routines.
 - An athlete registered on a District Team for the purpose of Saskatchewan Winter Games swimming their Games solo or duet at other competitions must register under their District Team.
 - An athlete registered on a District Team may opt to swim a solo or duet under their home club.

2.5.3 Competing in both Provincial and National Categories

- Saskatchewan Artistic Swimming permits athletes to compete on a provincial routine and optionally swim another routine at the national level. See SAS 3.2.2 for the maximum number of events.
- Affiliation fee of the athlete is at the highest level in which they compete.

3 COMPETITIVE STRUCTURE RULES

3.1 Coach Eligibility

3.1.1 Registration

All coaches must be registered with Saskatchewan Artistic Swimming and Canada Artistic Swimming.

3.1.2 Competitive Coach

3.1.2.1 Certification

- All coaches must be certified to be on deck.
- Coaches registered in the NCCP program have two years to fully certify.
- Apprentice coaches are no longer permitted.

3.1.2.2 NCCP Competition Introduction Coach

- A competitive coach who works with Provincial Competitive, Limited Competitive or Recreational athletes.
- To coach Provincial Competitive or Limited Competitive athletes at a Saskatchewan Artistic Swimming sanctioned competition, the coach must be fully certified NCCP Competition Introduction or higher prior to the registration deadline or they will not have access to the pool deck at the competition.
- [Notwithstanding the above, a coach who is AquaGO! trained or certified has two seasons to become Comp Intro trained and one additional year to receive their full Comp Intro certification. If they do not, they will no longer have access to the pool deck at competitions.](#)

3.1.2.3 NCCP Competition Development Coach

- A competitive coach who works with all levels of athletes.
- To coach National Competitive athletes at Sandra Roberts Provincial Championship, a coach must be fully certified at the Competitive Development Level prior to the registration deadline, or they will not have access to the pool deck at the competition.
- Notwithstanding the above, those coaches who are registered in “Competition Development” with NCCP and taking their certification have two competitive seasons from their date of NCCP registration to complete their certification after which they will not have access to the pool deck at the competition. See CAS 4.7.

3.1.2.4 NCCP Advanced Coaching Diploma

- The Advanced Coaching Diploma predominantly targets coaches with athletes from Train to Train, Train to Compete, and Train to Win, which may include:
 - National Training Centre coaches and target next-gen coaches:
 - NSO-identified coaches with potential to develop into coaches of high-performance athletes.
 - Post secondary institution coaches (University Sports, NCAA, CCAA).
 - Personal coaches of identified athletes:
 - Canada Games and provincial team coaches; and
 - Club coaches of highly ranked clubs and self-made/entrepreneurial coaches.
- The Advanced Coaching Diploma provides an opportunity for the active coach with a busy schedule to engage in advanced learning. The program is available in a two-year part time program yet may be obtained in more or less time depending on the location.
- For more information, contact the Coaches Association of Saskatchewan at coach@sasksport.ca.

3.1.2.5 Adaptive Artistic Swimming (AdAS) Coach

- A Competitive Coach who plans to attend a Saskatchewan Artistic Swimming sanctioned competition and who coaches AdAS athletes must have a minimum certification of Competition Introduction.
- **Notwithstanding the above, a coach who is AquaGO! trained or certified has two seasons to become Comp Intro trained and one additional year to receive their full Comp Intro certification. If they do not, they will no longer have access to the pool deck at competitions.**

3.1.2.6 Challenge to NCCP Competition Introduction Certification

- Each coach is expected to register for and complete NCCP coaching courses as well as complete the required assignment and evaluations to obtain certification.
- An experienced individual may request to challenge a coaching course rather than attending the course. The assignment and evaluations are still required.
- The individual seeking to challenge the NCCP Comp Intro coaching course and move directly to the assignment/evaluation portion of the certification process must:
 - a) Eligibility
 - Be a current member in good standing with Saskatchewan Artistic Swimming.
 - Has paid an affiliation fee to be registered with Saskatchewan Artistic Swimming (coach, athlete, official or volunteer).
 - Be at least 16 years of age at the time of challenge.
 - Have an artistic swimming background.
 - Minimum of 5 years as an artistic swimming judge, swimmer, or international coach.
 - Have completed an educational equivalent. Examples include:

- Physical Education Degree
- Kinesiology Degree
- Certified Trainer

b) Fees

- Fees for the challenge and subsequent evaluations are as outlined by Saskatchewan Artistic Swimming.

c) Process

- The individual must submit to the Saskatchewan Artistic Swimming Coaching Committee:
 - A letter outlining proof and rationale of the challenge.
 - A letter of endorsement from a coach certified at or above the coaching level to be challenged.
- The Coaching Committee will review each application. The decision of the Committee is final regardless of acceptance or rejection of the challenge.
- Upon approval by the Coaching Committee, the individual will be considered trained and must complete all necessary evaluations in the following order to complete their certification.

3.1.3 Recreational Coach

- A recreational coach who works with recreational athletes.

3.1.3.1 Certification

- All coaches must be certified to be on deck.
- Coaches registered in the NCCP program have two years to fully certify.

3.1.3.2 NCCP AquaGO!

- Must be fully certified in AquaGO! program to instruct the AquaGO! course.
- **Effective April 1, 2021, AquaGO! is required by Canada Artistic Swimming before taking Competition Introduction.**

3.2 Athlete Eligibility

3.2.1 Registration

- Each competitor must be a member of a club/program affiliated with Saskatchewan Artistic Swimming.

3.2.2 Events

- Saskatchewan will offer the following list of events at Saskatchewan competitions: Solo, Duet, Mixed Duet, Team, Free Combination and Acrobatic Routine. See CAS 5.
- [AdAS](#), 10U, 12U, Novice and Youth
 - Events for these age groups are:
 - Figures, Solo, Duet, Mixed Duet, Team, and Free Combination (12U and Youth only).
 - A complete event consists of a Figures component and a Routine component in Solo, Duet, Mixed Duet, and Team.

- The Free Combination event consists of a Routine component only.
- Junior and Senior
 - Events for these age groups are:
 - Solo, Duet, Mixed Duet, Team and Acrobatic.
 - A complete event for a Junior and Senior competition consists of a Technical Routine OR a Free Routine OR both for each of Solo, Duet, Mixed Duet, and Team. See CAS 5.5 regarding eligibility to enter the free routine events at CAS Competitions.
 - The Acrobatic Routine event consists of a Routine component only.
- Masters
 - Events for this age group are:
 - Solo, Duet, Mixed Duet, Team, and Free Combination.
 - A complete event for a master's competition consists of a Technical Routine OR a Free Routine OR both for each of Solo, Duet, Mixed Duet, and Team.

Exception to 3.2.2. At Saskatchewan competitions, Junior and master's may swim either technical or free routines. They are not required to swim a technical routine to swim a free routine.

3.3 Age Groups

3.3.1 Principles

Each competitor shall compete at his/her own personal ability level. Although testing is left to the judgement of the coach, it is expected that Saskatchewan coaches will act responsibly in choosing the appropriate pathway and age group for their swimmer's personal ability if considering entering the athlete into a higher age group.

3.3.2 Competitions

All competitions will be by age group except for [AdAS](#). See [CAS Appendix IV](#) for levels.

3.3.3 Age Determination

Age means the age of the competitor as of [December 31, 2024](#). Swimmers are permitted to 'swim up' one age group.

3.3.4 Minimum Skill Level to Compete

It is recommended that an athlete completes the Level 6 skill set required in the AquaGO! program prior to joining a competitive program.

3.3.5 Competing

The age group in which a swimmer competes at the start of the competitive season shall be the age group in which the swimmer shall compete for the remainder of the competitive season. An athlete may change age group no later than [Dec 31, 2023](#).

Age Group	Description	Birth Year
10U	Ages 9-10	2014, 2015
12U	Ages 11-12	2012, 2013
Novice	11 & over first year competitive athletes	2013 or earlier
Youth	Female Ages 13-15 Male Ages 13-16	2009, 2010, 2011 2008, 2009, 2010, 2011
Junior	Female Ages 15-19 (National) Male Ages 15-20 (National) Ages 15-20 (Provincial)	2005, 2006, 2007, 2008, 2009 (National) Above plus 2004 (National) Above plus 2004 (Provincial)
Senior	Ages 15+	2009 or earlier

Birth Year	Age as of Dec 31, 2024	Competitive Age Group	Limited Competitive Age Group
2016	8	10U	10U
2015	9	10U	10U
2014	10	10U	10U
2013	11	12U, Novice	12U
2012	12	12U, Novice	12U
2011	13	Youth, Novice	Youth
2010	14	Youth, Novice	Youth
2009	15	Youth, Junior, Senior, Novice	Youth, Junior
2008	16	Male Youth, Junior, Senior, Novice	Junior
2007	17	Junior, Senior, Novice	Junior
2006	18	Junior, Senior, Novice	Junior
2005 or earlier	19 & over	Male Junior, Junior, Senior, Masters	Masters

3.4 Solo, Duet and Team Composition

3.4.1 Solos

- All solos compete in their own age group. Novice solos only compete in the Novice category.
- All 10U athletes are eligible to compete in a 10U solo.

3.4.2 Duets

- Duets may have athletes from two consecutive age groups.
 - Example: A 10U athlete may be paired with a 12U athlete but not with a Youth athlete.
 - Duet will compete in the higher age group.
 - Athletes on a duet will swim in their own age group for figures. A Youth athlete swimming on a Jr Duet is not required to compete in figures.
 - If planning to compete at Qualifiers and Nationals, athletes must follow CAS rules.
- Novice Duets
 - Must be composed of only Novice athletes.
 - A Novice is permitted to swim with a non-novice athlete in the appropriate age category.
- Limited Competitive Duets
 - Must be composed of only Limited Competitive athletes.

3.4.3 Teams

- Teams will be composed of swimmers from the same age group if possible. If it is not possible to form a team from only one age group, a team may be formed as follows.
 - Youth, Junior, Senior – see CAS 5.11.
 - 10U, 12U, Novice, Youth – See CAS Appendix V.
 - Novice teams must be made up of a majority of eligible Novice athletes (minimum of 51%) in order to compete in the Novice category for teams.
 - A Limited team will be categorized as a Limited Team if the team is 100% Limited swimmers. Even if only one athlete is a provincial athlete, then the team becomes a provincial team.

3.4.4 Free Combination

- Free Combination for 12U and Youth.
- There are only two eligible age groups for the Combo event, 12U and Youth. As per the team composition rules, competitive provincial athletes from the 12U and Youth may combine to form a combo with the average of their ages determining where they swim. See CAS Appendix V.
- Masters – see CAS Appendix III.

3.4.5 Team Size

- Exception to Team Size, Saskatchewan Artistic Swimming recognizes team routines shall consist of three to ten competitors.

3.4.6 Changes to Team Age Groups

- After a team has registered to compete and has competed in an age group during the competitive season, they shall remain in that age group for the rest of the competitive season regardless of any changes of team age group average resulting from a loss of swimmer(s).

3.5 Figure Competitions

3.5.1 Figure Events

- Athletes attending Qualifiers/Nationals shall compete in figures events as outlined by CAS.
- Athletes competing in Saskatchewan events (including CPC) compete in only one figure event as determined by the swimmer's age group.
- Each competitor in Solo, Mixed Duet, Duet, and Team (including alternate) shall compete in the figure event except those competing only in Free Combination, Junior, Senior or Master's events. Athletes entered in Free Combination and/or Junior or Senior may enter the appropriate figure event (age qualified) if they wish.

Exception A to 3.5.1. Athletes swimming a provincial routine and a national routine must compete figures for each routine.

Exception B to 3.5.1. Junior athletes must swim Youth figures as exhibition if they are on a provincial Youth team.

3.5.2 Additional Figure Event

- For the 2023-2024 season, athletes are only eligible to compete in their own age category.

Exception A to 3.5.2. An athlete who swims a routine that only attends in province competitions but has another routine attending Qualifiers will compete figures outlined by CAS.

Exception B to 3.5.2 An athlete who participates in High Performance Trials may compete in a second age group if necessary.

3.5.3 Degree of Difficulty

- [The AQUA degree of difficulty is used for all age categories and figure events.](#)

3.5.4 Figure Groups

- Figures for national events for the current competitive season are available from Canada Artistic Swimming.
- Figures for provincial events for the current competitive season are available from Saskatchewan Artistic Swimming.

3.5.5 Optional Figure Draw

- When Optional Figure draws are required, they will be drawn by the Competitions Chair as follows:
 - Sandra Roberts Provincial Championship: one week prior. Sadie Caulder Knight Provincial Championship: two weeks prior.
 - [AdAS](#) Figure draws will be done two weeks prior to all competitions.

3.5.6 Pre-Drawn Optional Figures

Competition	Age Groups
Marnie Eistetter Training Meet	All Age Groups
Sandra Roberts Provincial Championship	AdAS, 10U, 12U, Novice
Diane Lemon Saskatchewan Invitational	All Age Groups
Sadie Caulder Knight Provincial Championship	AdAS, 10U

3.5.7 Figure Penalties

- Figures at Canadian Artistic Swimming events shall follow CAS 10.12.1.
- Figures at Saskatchewan Artistic Swimming events are as follows.
 - Sandra Roberts Provincial Championship – Youth shall follow CAS 10.12.1. All other age groups shall follow CAS 10.12.3.
 - All other SAS competitions – All age groups shall follow CAS 10.12.3.

3.6 Routine Competitions

3.6.1 Routine Times

Age Group	Reference
Youth, Junior, Senior	CAS 12.1 Routine times +/- 5 Seconds
Competitive Provincial	CAS 12.1 Routine times +/- 5 Seconds
Limited Competitive	Same as Saskatchewan Artistic Swimming Competitive Provincial
Masters	CAS 12.1 Routine times +/- 5 Seconds
Adaptive Artistic Swimming (AdAS)	CAS Appendix IV Routine times +/- 5 Seconds

3.6.2 Time Violations

- Time violations for overall time, deck drill and walk on are defined in CAS 16.1.

Exception A to 3.6.2. Walk-on time for Adaptive Artistic Swimming, see [CAS Appendix IV](#).

3.6.3 Required Elements

- There is a set number of elements per routine. See AQUA Appendix III.
- These must be submitted via Coaches Cards.
- For Junior/Senior Technical routines, see CAS.
- For Masters' Technical routines, see CAS Appendix III.
- Penalties in technical routines, see CAS 16.3.

3.6.4 Music Requirements

- All music shall be in Digital Music Format. CDs will not be used as competition music and cannot be used as back-up.

3.6.5 Digital Music Format

- All digital music must be sent in by the date specified in the Information Package so it can be organized prior to the competition.
- [A three second lead time before the music starts and after the music stops is recommended.](#)
- There must be one file for each registered competitive routine and each pre-swim routine.
- The file must be in this format: MP3 files with a .mp3 file extension.
- The file must be named as shown:
 - Age Group Event Name Club Name Competitor Name Coach Name.mp3
 - Age Group: 10U/12U/Novice/Youth/Junior/Senior/[AdAS](#)/Masters
 - Add LTD to age group as needed.
 - Event name: Solo/Duet/Mixed Duet/Team/Combo/Acrobatic
 - Add Tech for all Tech routines.
 - Club Name: use abbreviation.
 - Competitor Name: Last Name - only use for Solo/Duet
 - Include both duet names.
 - Add first name when there is a duplicate last name in the club
 - Coach: Last Name - only use for Team/Combo/Highlight
- Example of how to name files:
 - Youth Solo SAQ Jones.mp3
 - Junior Duet RS Jones Smith.mp3
 - 10U Team BCS Chernoff.mp3
 - 12U LTD Duet PA Jones Smith.mp3
 - 10U Team WASC Jones.mp3
 - 10U Team WASC Smith.mp3
- In the event of a music failure during competition, the club must immediately provide a backup in the required format. Failure to provide a working copy will result in a \$50 fine. If the fine is not paid immediately after the event, a one-point penalty will be applied. The Chief Referee shall instruct the scorer to deduct the penalty.

3.7 Competition Registration

All entries and music are due by the deadline in the competition information package. Registration must be completed via Canada Artistic Swimming's online registration system at www.artisticswimming.ca.

3.7.1 Competition Fee Payment

Saskatchewan Artistic Swimming must receive entry fees [two weeks prior to the competition](#).

3.7.2 Late Registration Fines

- The club will be charged a fine of \$25.00 for each late entry received after the initial registration date.
- A club will be charged a fine of \$200.00 for complete late entry.
- **A change to the initial registration is considered a late registration.**
- It is the club/coach and/or swimmer's responsibility to pay this fine to the appropriate official no later than one hour prior to the beginning of the competition. Failure to do so shall result in disqualification.

3.7.3 Music Fines

- The club will be charged a fine of \$25.00 for each piece of late music.
- Failure to comply with the stated requirements in 3.6.5 will result in a \$25.00 fine per violation to the club to be paid immediately.
- Music for one routine may be fined THREE times – late, wrong format, incorrectly named.
- It is the club/coach and/or swimmer's responsibility to pay this fine to the appropriate official no later than one hour prior to the event. Non-payment of fine will result in a one-point penalty.

3.7.4 Coach Card Fines

- The club will be charged a fine of \$25.00 for each incorrect coaching card.
- Coach cards for one routine may be fined THREE times – late, wrong format, incorrectly named.
- Coaching card must be completed using the ISS system.

3.7.5 Refunds

There are NO refunds after the registration deadline unless a written request is submitted to the Executive Director. The request must be submitted no later than the Monday after the competition.

4 PROTESTS

No protests shall be made against the judge's marks. See CAS 8.1 to submit a protest.

5 PENALTIES

See CAS Official Rule Book for all penalties.

6 AWARDS

Saskatchewan Artistic Swimming has plaques for Provincial Champions. Names are engraved on small brass plates and added to the plaque. All plaques are kept in the Saskatchewan Artistic Swimming office for the year.

Marnie Eistetter Training Meet

- Ribbons awarded to the top six competitors in figures.

Sandra Roberts Provincial Championship

- Medals, ribbons, and plaques are awarded as follows:

Events	Medals	Ribbons	Plaques
Routine Championship Events – Youth	1-3	4-6	1
Combo – Youth	1-3	4-6	1
Tech/Free – Junior, Senior	1-3	4-6	1
Acrobatic – Junior, Senior	1-3	4-6	1
Routine Events – AdAS, 10U, Nov, 12U	n/a	1-6	n/a
Combo – 12U	n/a	1-6	n/a
Tech/Free – Masters	n/a	1-6	n/a
Routine Events	n/a	1-6	n/a
Figure Events	n/a	1-6	n/a

Diane Lemon Invitational

- Medals, ribbons, and plaques are awarded as follows:

Events	Medals	Ribbons	Plaques
Routine Championship Events	1-3	4-6	n/a
Combo – 12U, Youth	1-3	4-6	n/a
Tech/Free – Junior, Masters	1-3	4-6	n/a
Acrobatic – Junior	1-3	4-6	n/a
Routine Events	n/a	1-6	n/a
Figure Events	n/a	1-6	n/a

Sadie Caulder Knight Provincial Championship

- Medals, ribbons, and plaques are awarded as follows:

Events	Medals	Ribbons	Plaques
Routine Championship Events	1-3	4-6	1
Combo – 12U, Youth	1-3	4-6	1
Tech/Free – Junior, Masters	1-3	4-6	1
Acrobatic – Junior	1-3	4-6	1
Routine Events	n/a	1-6	n/a
Figure Events	n/a	1-6	n/a

- Limited Competitive Age Groups
 - Ribbons awarded to top six competitors in figures, routines and championship.

LTAD Events

- LTAD ribbons are awarded to the top two competitors by birth year.

Participant Ribbons

- Participant ribbons are no longer awarded.

7 SELECTION TO THE CANADA ARTISTIC SWIMMING QUALIFIER

7.1 Eligibility

To be eligible to attend the Qualifier, the athlete **MUST** compete at Sandra Roberts Provincial Championship. The Selection Committee shall authorize all routines to attend the Qualifier.

7.2 Composition

- A Selection Committee is named before the Sandra Roberts Provincial Championship. Members must not have a Conflict of Interest.
- The Selection Committee shall be composed of the Chief Referee, a National Level Judge at the competition and one member from each club with athletes planning to attend qualifier. The members can vary for different categories.

7.3 Quotas

Canada Artistic Swimming quotas shall apply to routines. See CAS 6.3 for current quotas. [CAS confirms quotas annually.](#)

7.3.1 Exception to Canada Artistic Swimming Quota

- The Selection Committee may choose to deny a routine authorization to the Qualifier if they felt the score is below average or if the routine would negatively represent Saskatchewan, even though the quota may not be filled.
- This is up to the discretion of the Selection Committee.
- In the event of a concern or dispute, the Selection Committee's decision is final.

7.4 Substitutes

Substitutes may be selected to compete if the originally selected routines are unable to participate. The substitute shall be the next ranking routine by score.

7.5 Exceptional Circumstances

- The Selection Committee may, upon request of the Club Coach, qualify competitors who are unable to swim in Sandra Roberts Provincial Championship events due to exceptional circumstances (such as, but not limited to: injury, illness, school exams) beyond the control of the swimmers.
- A competitor who is qualified under exceptional circumstances for a bye shall be added to the quota. To be eligible for a bye, a routine must be entered in the competition and must pay all applicable fees. Byes cannot be considered after the fact.

8 SELECTION TO CANADIAN PRAIRIE COMPETITION

Canadian Prairie Championship (CPC) is governed by the CPC Hosting Agreement and the CPC Technical Package. For more information about the CPC, please refer to these documents.

8.1 Eligibility

- Age Groups: 10U, 12U, Novice, Youth, Junior, Masters, and [AdAS](#) are eligible to attend CPC.
- National athletes whose routine does not attend the National Qualifier, or the Canadian Championships are eligible to compete at CPC.
- All Saskatchewan solos, duets, mixed duets, teams, Free Combination (12U, Youth, Masters) and Acrobatic (Junior) must compete at Sadie Caulder Knight Provincial Championship to qualify to attend CPC.
- Limited Competitive athletes are not eligible to attend CPC.

8.2 Exhibition Swimmers

Exhibition swimmers are not permitted at CPC.

Exception to 8.2. Junior athletes must swim Youth figures as exhibition if they are on a Youth team.

8.3 Team Size

Team size requirements follow CAS with a minimum of four athletes.

- Saskatchewan teams with three athletes compete in the Trio event at CPC.
- Athletes must choose to swim in either the Team event or Trio (not both).

8.4 Coaching Certification Level

The minimum coaching certification for CPC is the standard set in each province and the host province will send a list of coaches to the provincial offices for confirmation that the coaches are certified to attend.

Saskatchewan coaches must be certified at the Competition Introduction level. [Notwithstanding the above, a coach who is AquaGO! trained or certified has two seasons to become Comp Intro trained and one additional year to receive their full Comp Intro certification. If they do not, they will no longer have access to the pool deck at competitions](#)