

2026-2027 Membership Package

Saskatchewan Artistic Swimming

Saskatchewan Artistic Swimming (SAS), member of Canada Artistic Swimming, is the governing body for the sport of artistic swimming in Saskatchewan. SAS is committed to supporting and developing recreational and competitive artistic swimming athletes, coaches, clubs, officials, and volunteers.

MISSION

Saskatchewan Artistic Swimming promotes excellence in all aspects of artistic swimming through the support and development of our membership.

VISION

To build an inclusive, thriving artistic swimming community through strong partnerships, whole athlete development, and inspiring excellence in a healthy sport environment.

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WELCOME TO THE 2026-2027 SEASON!



On behalf of the Saskatchewan Artistic Swimming (SAS) Board and Staff, we are delighted to welcome you to a new season of creativity, athleticism, and connection.

Whether you are an athlete, coach, official, volunteer, or supporter, you are an essential part of our community. Your passion, commitment, and energy bring our sport to life and inspire excellence both in and out of the pool.

As we build on the momentum of previous seasons, we remain committed to fostering an inclusive, supportive, and inspiring environment where every member can grow, contribute, and shine. Together, we continue to strengthen the legacy of artistic swimming in Saskatchewan while embracing new opportunities for innovation and achievement.

We look forward to seeing your dedication, teamwork, and artistry on display throughout the season across the province and beyond.

Thank you for being part of the Saskatchewan Artistic Swimming family. Let's make this season exceptional!

With appreciation,

Lenore Lindquist
Executive Director

SASKATCHEWAN ARTISTIC SWIMMING INFORMATION

ADDRESS

300 – 1734 Elphinstone St
Regina, SK
S4T 1K1

GENERAL CONTACT INFORMATION

General Inquiries:	info@saskartisticswimming.ca
Website:	www.saskartisticswimming.ca

Executive Director	Lenore Lindquist	ed@saskartisticswimming.ca
Competition and Athlete Development Director	Joel Stroeder	cadd@saskartistiswimming.ca
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OFFICE HOURS

Monday – Friday	Staff hours vary
Weekends & Holidays	Closed

MEMBER BENEFITS

All members of Saskatchewan Artistic Swimming are also members of Canada Artistic Swimming. Membership allows clubs and registrants to obtain access to a host of services and benefits that include, but not limited to:

MEMBER SERVICES

- Access to the Canada Artistic Swimming RAMP Registration and Invoicing System
- Coach Training, Evaluations, and Certification
- Coach Professional Development Opportunities
- Officials Training and Certification
- Athlete Development Programs (High Performance Development and Excellence, Team Sask, Mobile Camps)
- Education and Training, including Conferences, Webinars, and Clinics
- Technical Information (SAS Rulebook, Technical Package and Competitions Guide)
- Long Term Athlete Development Resources, Testing, and Support
- Awards and Recognition

COMPETITION ACCESS

- Provincial Competitions
    - *Training & Routine, Provincial Qualifiers, Provincial Championships, Limited Competitive Competition Opportunities, Saskatchewan Winter Games, Canadian Prairie Championships*
- National Competitions
    - *National Qualifier, National Championships, Canada Winter Games*
- Sanctioning for International Competitions
- Virtual Events and Activities
- Online Competition Registration and Invoicing

CLUB SUPPORT

- Sport and Sector-Specific Communications and Updates
- Comprehensive Insurance Programs
- Club Education and Development
- Grant Opportunities (Club Technical, MAP, High Performance)
- Policy and Procedure Development Support
- New Club Development and Support
- Safe Sport Resources and Program Support
- Membership and Competition Registration Support
- Club Operations Support

OPERATIONS SUPPORT

- Provincial Competitions, Event Planning and Delivery
- Domestic and/or National Member Accident and Liability Insurance
- Strategic Communications (Website, social media, etc.)
- Advocacy for Pool Development and Design
- Advocacy and Application Development for Grants and Funding
- Athlete Support and Funding Programs
- National Sport Trust Fund Access
- Program Delivery Support – i.e., AquaGO!

Please refer to Appendix C for a list of Canada Artistic Swimming's Benefits of Membership

NOTATIONS:

- All registered members must agree to adhere to Saskatchewan Artistic Swimming's and Canada Artistic Swimming's Conduct Policies at the time of registration.
- Members attending provincial or national events must be members in good standing of Sask Artistic Swimming and Canada Artistic Swimming.
- Any person intending to vote at a general meeting of Sask Artistic Swimming must be a member in good standing and meet the membership requirements outlined in its Bylaws.

There are 3 main registration categories: Competitive, Limited Competitive, and Recreational. To ensure athletes are registered correctly, please refer to Appendix A for definitions of the registration categories.

2026-2027 REGISTRATION CATEGORIES	
CAS RAMP Category	**Sask Artistic Swimming Equivalent**
Recreational Club	Recreational Club
Competitive Club	Competitive Club
Competitive Athlete (Player)	Competitive Athlete, including Competitive AdAS*
Limited Competitive Athlete (Player)	Limited Competitive Athlete, including AdAS*
Recreation Athlete	Recreation Athlete, including Recreation AdAS and Masters
Recreation Athlete – Short-Term	Athletes, including Masters & AdAS, for 6 weeks or less
AquaGO! Participant	AquaGO! Athlete
Competitive Coach	Competitive Coach
Recreational Coach	Recreation, Limited Competitive, AquaGO!, Masters Rec Coach
Provincial Official	Level 1-2 Official
National Official	Level 3+ Official
Associate Registrant	Club and SAS Board Members
Volunteer	Club and/or competition Volunteers

**AdAS athletes must be registered as either recreational or competitive athletes depending on their intentions for the season. The athlete's profile should be updated with the relevant cognitive or physical disabilities.*

2026-2027 COMPETITION CATEGORIES		
Competitive	Masters	Recreational
10U	Recreational	AquaGO!
12U	Competitive	Recreational (more than 6 weeks)
Youth (15U)		Limited Competitive^
Junior (15-19)		AdAS
Senior (15+)		Short-Term (6 weeks or less)
University*		
AdAS		

** University – members that are registered through a college or a university and registered with Sask Artistic Swimming by CUASL.* ***A university athlete intending to compete in a Sask Artistic Swimming or Canada Artistic Swimming competition must be duly registered as a competitive athlete.***

^ Limited Competitive athletes are youth Recreation registrants who wish to compete at the Marnie Eistetter Figures competition and/or the Sadie Caulder Knight competition (i.e., they MUST be registered as Limited Competitive at the start of the season or upgraded in RAMP prior to registering for the Marnie Eistetter Figures competition or the Sadie Caulder Knight Provincial Championships).

REGISTRATION INFORMATION

Canada Artistic Swimming and Sask Artistic Swimming will manage the National Registration Database, according to Canada Artistic Swimming and Sask Artistic Swimming Privacy Policies.

CAS Registration System (RAMP)

All members – athletes, coaches, officials, executives, and volunteers – must be registered through the RAMP Registration System and be in good standing to participate and/or compete in any artistic swimming activity and ensure insurance coverage.

The Artistic Swimming Season

The Canada Artistic Swimming membership year is September 1st to August 31st. As of August 31st, each year, the Registration database will show all members as inactive. **Anyone participating in artistic swimming activities on September 1st or beyond MUST be registered for the new season in the RAMP Registration System prior to participation.**

Member Club Registration

To ensure Saskatchewan Artistic Swimming collects the relevant and appropriate information from each member club, each club must complete the club registration form, complete the questionnaire, and pay the associated club registration fees through the RAMP Registration System on or before **September 1** each year. Detailed instructions can be found through this LINK.

RAMP Registration System Set Up

As of July 15, 2026, member clubs can log into RAMP and create club registration packages for the 2026-27 season.

Registration and Payment Deadlines

Member Clubs must complete the registration of its members (i.e., athletes, board members, volunteers, etc.) through the Canada Artistic Swimming (CAS) RAMP Registration System no later than **11:59 PM on October 10** annually.

Member Clubs may add new registrants to the RAMP System at any time during the season. Individuals must be duly registered with a Member Club **prior** to participating in any artistic swimming activity – in person or virtually – in Saskatchewan. Anyone participating in a SAS sanctioned event or competition – in-person or virtually – must be registered in the RAMP System **prior** to registering for the event.

Members must register with their club through RAMP, where they will be directed to pay both their CAS and SAS membership fees. Payments can be made to Sask Artistic Swimming via e-transfer or credit card in the RAMP system. For e-transfer, please use the email payment@saskartisticswimming.ca.

Failure to pay registration fees within **30 days of the submission date** may be subject to fines and registrants may be ineligible to participate in Sask Artistic Swimming or Canada Artistic Swimming sanctioned activities. **After 60 days**, SAS may label a club in arrears as “not in good standing”.

The registration of all members shall be in accordance with
Sask Artistic Swimming's Member Registration Policy & Procedures
&
Canada Artistic Swimming's Registration Policy

REGISTRATION POLICY HIGHLIGHTS

- **COACHES: All coaches** are required to **register themselves in the RAMP system.** Neither SAS nor clubs can register coaches. Coaches who have multiple roles (e.g., officials, athletes, etc.) must register **FIRST** as a coach. All other roles will be considered "additional roles" and the fees will be automatically reconciled accordingly.
- **COACHES:** Coaches **must pay the appropriate fees by electronic means** (e-transfer or credit card) to complete their registration. Coaches should seek reimbursement of registration fees from their club, as appropriate.
- **OFFICIALS:** Officials are required to register with Saskatchewan Artistic Swimming directly through the RAMP system (will be sent separately). Officials may not register as an official through a member club.
- **PAYMENTS**: Membership fees will be collected individually through RAMP upon individual member registration.
- **REFUNDS**: No refunds are issued by CAS or SAS once a registration has been submitted.
- **IN ARREARS:** After 60 days, SAS may label a club that is in arrears as "not in good standing" in the RAMP System. This will prevent a club from registering its athletes for competitions. Payment must be received and processed to enable for the status to be updated.
- **COMPLETING REGISTRATION**: Registration is only complete when Canada Artistic Swimming (CAS) receives payment from Sask Artistic Swimming.

FEES

Sask Artistic Swimming's Membership Registration Fees are as listed below:

2026-2027 REGISTRATION FEES

Saskatchewan Artistic Swimming's Membership Fees are listed below:

CLUB	CAS	SAS	TOTAL
Competitive Club (includes Masters)	$125.00	$75.00	$200.00
Recreational Club (includes AdAS & Masters)	$ 70.00	$30.00	$100.00
ATHLETE	**CAS**	**SAS**	**TOTAL**
Competitive	$ 59.00	$62.50	$121.50
Limited Competitive (only attends MM and/or SCK)	$ 36.00	$32.50	$ 68.50
Recreational - Full Season (includes AdAS & Masters)	$ 10.50	$25.00	$ 35.50
Recreational - Short Term (6 weeks or less; includes AdAS & Masters)	$ 3.50	$ 9.50	$ 13.00
University	$ 6.50	$10.00	$ 16.50
COACH			
Competitive	$ 36.00	$18.50	$ 54.50
Recreational	$ 10.50	$14.50	$ 25.00
University	$ 6.00	$10.00	$ 16.00
OFFICIALS			
National - Level 3 judges & above	$ 22.00	$ -	$ 22.00
Provincial - Level 1 & 2 judges	$ 11.00	$ -	$ 11.00
OTHER			
Associate Registrant - includes Club & SAS board members	$ 10.50	$ 4.00	$ 14.50
Volunteer	$ -	$ 4.00	$ 4.00

Club Board Members & Volunteers must be registered with Saskatchewan Artistic Swimming (SAS) to ensure they have liability insurance during SAS sanctioned events and activities.

2026-2027 COMPETITION FEES

Events	
Figures	$ 38.00
Routines Fees	
Solo Tech	$ 36.00
Solo Free	$ 36.00
Duet Tech	$ 72.00
Duet Free	$ 72.00
Trio Tech	$ 108.00
Trio Free	$ 108.00
Team Tech	$142.00
Team Free	$142.00
Combo	$142.00
Acrobatic	$142.00

Fines

Saskatchewan Artistic Swimming will charge fines as follows:

- $25.00 for per late competitive entry received after the initial registration date.
- $200.00 for late full club competition registrations received after the initial registration date.
- A change to the initial registration is considered a late registration.

Canada Artistic Swimming rules state: "Late, incomplete or incorrect registrations will result in a $25.00 penalty fee per competitive athlete up to a maximum of $500.00 per club." Any Canada Artistic Swimming fines incurred will be charged to the club(s) involved.

Refunds from Competitions

There are **NO** refunds after the registration deadline unless a written request is submitted to the Executive Director. The request must be submitted no later than the Monday after the competition.

TRANSFERS

At the start of a new season, Member Clubs are free and able to register new members who were previously registered with another Club without approval from the former club or Sask Artistic Swimming, provided the member is in good standing. If a member's status is not in good standing, a new Member Club will not be able to register the member until the former club or Sask Artistic Swimming have updated their status to in good standing.

An athlete wishing to transfer from one club to another after the start of the season must be released by their current club before they can register with a new club. All transfers must be completed through the formal transfer process in the RAMP Registration system.

Clubs may not unreasonably prevent or delay an athlete transfer. Valid reasons for delaying or denying a transfer may include, but are not limited to, outstanding fees, disciplinary action, suspension, or expulsion. Where an athlete or family disputes outstanding fees with the originating club, the receiving club is encouraged to contact Sask Artistic Swimming for guidance.

For in-season transfers, the originating club (the club currently holding the athlete's registration) must initiate the transfer in RAMP. Once initiated, Sask Artistic Swimming will review and approve the transfer, after which the receiving club may accept the transfer. The transfer process can be accessed through the individual athlete's profile by selecting the appropriate transfer type.

Canada Artistic Swimming and provincial sport organization registration fees are non-refundable. Any reimbursement of club fees paid to the originating club is at the sole discretion of that club and will be administered in accordance with its established refund policy.

INSURANCE

By virtue of membership in good standing with Saskatchewan Artistic Swimming, Members Clubs and registrants are covered through SAS insurance policies. Only **activities sanctioned or authorized by SAS** are covered.

Insurance coverage extends to all sanctioned activities in Saskatchewan and in Canada. If your club is considering activities outside of Saskatchewan or Canada, the **SAS Club Additional Activities and Events Sanction Form** must be filled out and submitted to SAS for approval.

Certificate of Insurance

The Certificate of Insurance is proof of insurance coverage and names the appropriate municipalities, facilities, partners, and service providers. If you require a copy of the Certificate of Insurance, please submit your request to ed@saskartisticswimming.ca.

WHAT ARE SANCTIONED ACTIVITIES?

Sanctioned activities are those **approved or authorized by SAS** and therefore those for which members are insured. For insurance purposes, sanctioned activities are those considered usual to the sport such as dryland training, practices, SAS and/or CAS approved competitions. Team building or cross-training activities, such as gymnastic, trampoline, etc., are not usual to the sport and require pre-approval from the SAS insurance carrier.

Unsanctioned activities are not covered by SAS' insurance, and **participation is at the risk of the participant and Club**. Any activities beyond team training with members of the Club and SAS competitions require pre-approval of SAS. If you are unsure about the status of a planned activity, please contact SAS for guidance.

WAIVERS

All Clubs **MUST** adopt and implement the SAS waivers and forms included in links below, or a club developed equivalent that releases both the Club and Sask Artistic Swimming. **All registrants must complete the waivers at the time of registration.**

- Media Consent
- Privacy Policy
- Waiver & Assumption of Risk
- CAS Conduct Policy
- Consent for Medical Treatment (developed by club)

APPENDIX
Appendix A: REGISTRATION CATEGORIES & DEFINITIONS

Canada Artistic Swimming		Saskatchewan Artistic Swimming Registration Category
Registration Category	**Definition**	
Provincial/Territorial organization member	A Provincial/territorial sport organization that governs artistic swimming in their respective province or territory	N/A – Saskatchewan Artistic Swimming is the provincial sport organization in Saskatchewan.
Athlete Registrants		
Short Term Recreational Program Registrants	Recreational athletes who participate in a summer camp, seasonal program, or other types of non-competitive programming of a minimum of one (1) 1-hour session per week for up to six consecutive weeks. If participants re-register, they must register as a recreational member.	ST - Short Term Recreational (6 weeks or less)
Recreational Program Registrants	Athletes in the categories below are considered recreational program registrants – these athletes do not compete[1] at any level. • Active Start / FUNdamentals / Learn to Train: Athlete enrolled in recreational artistic swimming programs, including Adaptive AS, for under 18 years of age. • Active for Life/ Sync for Life: Athlete enrolled in recreational artistic swimming programs, including Adaptive AS, for adults aged 18+ years of age.	• AquaGO! • Recreational AdAS • Recreational Athletes • Recreational Masters
Novice Competitive, Competitive Adaptive, Competitive Masters' and Limited Competitive Program Registrant	Adaptive competitor at all levels; Masters competitor at all levels and age groups; and Learn to Train or Train to Train athlete registered in an entry level, limited competitive program as defined and recognized by their home province.	• Limited Competitive are Recreational Athletes who wish to compete in the Sadie Caulder Knight Provincial Competition and/or Marnie Eistetter Figure Competition. • Categories: 10U, 12U, Youth, Junior, Masters, AdAS.

[1] The CASSA Rule Book defines "compete" as participating in an event in which there is ranking with others.

Competitive Program Registrant	All athletes in the categories below are considered competitive artistic swimming registrants if they compete at any level: • Train to Train: Athlete aged 7-15 (F) + 12-16 (M) years of age. • Train to Compete: Athlete aged 15-18 (F) + 16-19 (M) years of age. • Train to Compete/Train to Win: Regional Training Centre Athlete enrolled in an RTC. • Train to Win: Center of Excellence Athlete enrolled in the Centre of Excellence • Active for Life: University Athlete enrolled in a university program in Canada or USA that in addition to their university events, participates in Provincial or National sanctioned events. University athletes wishing to compete in a provincial or national competition sanctioned by Sask Artistic Swimming or Canada Artistic Swimming must be duly registered as a Competitive Athlete.	• Competitive Athletes (10U, 12U, Novice, Youth, Junior, Senior) • AdAS • Masters • University Members
Coach Registrants NOTE: **ALL** coaches are to register themselves through the CAS e-Reg System		
Recreational Coach	A coach who will be coaching a recreational program on deck within their local club. No certification needed, however, AquaGO! training and/or certification recommended.	Recreational Coaches
Competitive Coach	A coach who will be coaching on deck within their local club and/or at provincial, national and/or international sanctioned meets. Coaches on deck at SAS competitions must be Competition Introduction certified. Coaches on deck at National championships must be Competition Development certified.	Competitive Coaches
Officials Registrants NOTE: **ALL** officials are to register through Sask Artistic Swimming directly, not through a club		
Provincial Official	An official (judge, referee, evaluator, technical controller, chief scorer) who participates at the local, regional and/or provincial level.	Provincial Officials – Level 1, Level 2, & Technical Controllers
National Officials	An official (judge, referee, chief scorer, evaluator) who participates at the local, regional, provincial, national and/or international level.	National Officials – Level 3+ & Chief Scorers

Affiliated Registrants Individuals or organizations that are affiliated with or wish to be affiliated with Canada Artistic Swimming to enable them to participate fully in or benefit from Canada Artistic Swimming' s programs and services.		
Leagues	A league that offers artistic swimming competitions that does not participate within the national qualification event system (e.g., Canadian University Artistic Swimming League (CUSSL)).	Not applicable
League Affiliates	University athlete or coach who participates in the university league in Canada.	Not applicable
Recreational Club	An artistic swimming club affiliated with their member provincial organizations as recognized by their respective policies and bylaws and who only deliver recreational programs.	Recreational Club
Competitive Club	An artistic swimming club affiliated with their member provincial organizations as recognized by their respective policies and bylaws which deliver competitive programs and may include recreational programs.	Competitive Club
Associate Registrant	Those individuals who are active within their member provincial organizations (club executives, Board members, alumni etc.) and those who attend Annual Meetings and/or exercise a role at Canada Artistic Swimming meetings.	• Club Executives • Club Volunteers • General Members • Alumni
Volunteer	A parent or other individual who donates their time periodically to assist with an event or other Canada Artistic Swimming provincial or national function.	• Volunteers
Licensee	Any other organization (includes universities, schools, community centres, municipal or private aquatic facilities) offering a Canada Artistic Swimming recreational program. A license includes an annual fee for the program, allows the licensee to offer the program and access applicable program awards. Licensees do not need to register individual Aathletes participating in their programs. Licensees must sign the applicable license agreement. (Agreement items include – licensee has own insurance, access to materials at Canada Artistic Swimming member pricing and coach training courses provincially and must link to the geographical PSO to enable progression of athletes to synchro clubs).	Not applicable

Appendix B: RAMP Club Registration System Set Up Guide

RAMP Registration System Admin. Tutorial Link

The above link provides access to the video tutorial for RAMP set up.

Appendix C: CAS Benefits of Membership

Benefits of Membership in Canada Artistic Swimming (CAS)

In addition to opportunities Canada Artistic Swimming registrants experience through belonging to their provincial organization, members, and registrants at all levels in Canada Artistic Swimming proudly take advantage of the following benefits of membership in the national organization:

Internationally Recognized Artistic Swimming Programs

- Access to CAS trademarked entry level, development, High Performance and Sport for Life Programs (AquaGO!, Synchro Star, Competitive, Masters, AdAS)
- Access to CAS standardized promotional and other materials to support program implementation including information provided through the CAS website and social media platforms.
- Access to CAS staff resources via CAS National Office.
- Access to educational program teaching tools and materials, awards, and incentives at special member pricing.
- Access to NCCP certified, sport-specific trained coaches
- Use of national membership database and event registration software (including periodic and historical reporting options) at no cost.
- Access to on-going technical program monitoring, talent evaluation and development, and regular revisions to all programs.
- Access to LTAD programming including brand new AquaGO! for entry level (active start) participants.
- Front-of-the-line access to new information and media releases through participation in member/club e-blast program.
- Access to newsletters and other communications developed for members and registrants.

Competitions

- Opportunity to participate in high quality, professionally organized meets: provincial, qualifier & national championships as well as Canada Games and International competitions held in Canada.
- Use of computerized judging system software and hardware for national events
- Access to major event live streaming and other web-based information and services like online registration for events at no cost.
- Access to CAS trained and certified officials at all levels of events.
- Commercial General Liability Insurance for Clubs/PTSOs hosting a CAS national event.

Specialized Training and Support / National Teams

- Opportunity to participate in various subsidized National Teams.
- Subsidized access to Multi-Sport Centers and Canadian Sport Institutes.
- Receive funds & financial support from CAS (travel costs, uniforms, etc.) if part of National Team Program.
- Opportunity to receive funding through Sport Canada Athlete Assistance Program with nomination by CAS.
- Opportunity to apply for grants and bursaries (ie Petro Canada, CAAWS, HBC Stripes, etc.)
- Receive insurance through the Canadian Athlete Insurance Program (CAIP) or other agency when travelling with a national team.
- Opportunity to participate in subsidized trials for National and Regional Training Centres and other monitoring/talent ID and club outreach programming at club level.
- Opportunity to attract former and potential national team swimmers to University league competition programs.

Training / Certification Programs for Coaches and Officials

- Access to CAC resource material, NCCP certification programs, CAS hosted webinars, video library, members' only website information, artisticswimmingcoach.ca and more.
- Access to professional development programs and funding through CAC Apprenticeship Internship Program.
- Access to education and technical leadership from Senior National Team Coaches.
- Eligible to receive accreditation for on deck roles at CAS national meets.
- Ability to attend CAS hosted High Performance conferences and functions.
- Opportunity to represent Canada at international competitions through international bid process (Clubs) and by assignment to international competitions (Judges).
- Receive insurance through the Canadian Athlete Insurance Program or other agency when travelling to international competitions.

Professional Development and Recognition

- Opportunity to sit on CAS Board, Committees & assist in governance & policy setting.
- Funding for CAS Board members and provincial voting representatives to attend AM or planning meetings.
- Access to AM and convention training programs.
- CAS directors or officers (i.e., employees, trustees, volunteers, committee members) receive Directors Liability Insurance.
- Eligibility for CAS Awards and recognition as well as nomination support for provincial and community awards.
- Opportunity to be nominated to represent Canada on multi-sport and international committees and commissions (e.g., Aquatics Canada, UANA, FINA, IOC).

Revenue Generation / Fund-Raising

- Opportunity to bid on and host competitions: qualifier & national championships as well as international competitions.
- Opportunity to use CAS branding and programs for member recruitment to nationally recognized and supported programs.
- Access to National Sponsorship affiliation and benefits (preferred customer rates, discounts on product purchase, etc.).