SASKATCHEWAN ARTISTIC SWIMMING
COACH RECOGNITION AWARDS

SADIE CAULDER KNIGHT NATIONAL PATHWAY COACH OF THE YEAR was the pioneer of synchronized swimming in Saskatchewan. In 1941, she was the first person to begin teaching the fundamentals of synchronized swimming. She developed the province's first, and for a long time, only progressive synchronized swimming program.

In 1957, she took three of her swimmers to the Canadian Championships for the first time, where one of them placed sixth in the solo event. In 1957, the YWCA Synchronettes team placed third in the team event – only 1.2 points behind first place. The first Provincials were held in 1958 and were won easily by "Cauldie's" girls. Sadie Caulder Knight organized the first Saskatchewan Provincial Section of the Canadian Amateur Synchronized Swimming Association (CASSA -- now known as Synchro Canada).

The Synchronettes competed every year until Sadie's retirement in 1965, always placing swimmers in the top ten in Canada, and occasionally bringing home Silver and Bronze medals. This is particularly remarkable, when one considers that her swimmers were all trained in a pool that was only thirteen yards long, nine yards wide and six feet at its deepest point! During Sadie's final years of coaching, Saskatchewan swimmers were always in contention for the top spots at the National level.

Upon Sadie's death in 1970, at the age of 72, a group of her former swimmers established a trust fund in her name. Sask Artistic Swimming now administers the fund and annually presents a "Coach of the Year" award and bursary in her memory.

Criteria:

Some of the attributes of the candidate which will be considered are:

- An eligible candidate is one whose primary coaching responsibility is at the National Pathway Competitive Level and has actively coached athletes in SAS's High Performance program this past competitive year.
- The candidate must be, at the minimum, fully certified at Competition Introduction and working towards Competition Development.
- Competition results progressing from the Marnie Eistetter Figures Meet 2025 through to the National Qualifier and/or National Championships in 2026 must show evidence of swimmer improvement.
- Demonstrates strong coaching and leadership skills. Demonstrates traits of a good role model for athletes.

WEINER SISTERS "PROVINCIAL PATHWAY COACH OF THE YEAR This recognition award is made possible by the Weiner sisters: Liz, Ruth, and Margot. All three have coached at the Recreational and Age Class levels and total more than 30 years of coaching experience. This award focuses on coaching excellence at the Provincial Pathway level and recognizes coaches who have developed and encouraged young athletes. The award is presented annually by Liz (Weiner) Yaskowich, Ruth Weiner and Margot Weiner.

Criteria:

- An eligible candidate is one whose primary coaching responsibility is at the Provincial or Limited Provincial Pathway Competitive Level and has coached at this level during the past year.
- The candidate must be fully certified, at the minimum, in AquaGO! or Competition Introduction or "in training" for their Competition Introduction.
- Competition results, progressing from the Marnie Eistetter Figures Meet in November 2025 to Sadie Caulder Knight Provincial Championship in April 2026 and/or Canadian Prairie Championship in April 2026, must show evidence of swimmer improvement.
- The candidate must demonstrate a strong commitment to her swimmers through:
    a) technical upgrading;
    b) attendance at competitions;
    c) a positive coaching attitude.

RECREATIONAL COACH OF THE YEAR. This award was established to recognize the coaching excellence of the Recreational coaches in our province.

Criteria:

- An eligible candidate is one whose primary coaching responsibility is at the Recreational Level and has coached at this level during the past year. This includes the summer clubs
- The candidate must be, at the minimum, "in training" for their Artistic Swimming Instructor or Competition Introduction.
- The coaching ability of the candidate will be reflected, over the past year, in the improvement of swimmers. If AquaGO! or Star Exams are being offered in the club, then improvement based on that program will be taken into consideration.
- Desired leadership characteristics of the candidate include:
    a) technical knowledge and continuance of coaching upgrading;
    b) actively contributing to artistic swimming in Saskatchewan.

JAMI EISTETTER COACHING EXCELLENCE AWARD recognizes the coaching excellence for those who coach at the **Provincial Pathway and/or National Pathway** levels. This award, donated by Marnie Eistetter, is in recognition of her daughter Jami's contribution to coaching in Saskatchewan, at both Swimmer Development and the High Performance levels, and then becoming Provincial Coach for Sask Artistic Swimming.

Criteria:

- An eligible candidate is one whose primary coaching responsibility is at the National Pathway and/or Provincial Pathway and/or Limited Provincial Pathway Competitive Level and has coached at this level during the past year.
- The candidate must be fully certified, at the minimum, to Competition Introduction or "in training" for their Competition Introduction.
- Competition results progressing from the Marnie Eistetter Figures Meet in November 2025 through to 2026 Sandra Roberts Provincial Championship, 2026 Sadie Caulder Knight Provincial Championship and/or 2026 Canadian Prairie Championship, and must show evidence of swimmer improvement.
- For the National Pathway Level coach, the swimmers' achievements at National Qualifiers and
  National Championships will be considered.
- Desired leadership characteristics of the candidate should include:
    a) technical knowledge and upgrading;
    b) actively contributing to artistic swimming in Saskatchewan;
    c) a good role model for our athletes.

JUNIOR COACH OF THE YEAR AWARD - while our Junior Coaches are currently eligible for our other coaching awards, we have many younger coaches in our province who deserve recognition. If a coach is nominated in this category, they cannot be nominated in one of the other coaching categories.

Criteria:

- Currently enrolled in high school.
- A recreational or competitive coach in Saskatchewan.
- Currently enrolled in or have successfully completed the AquaGo! or Intro to Comp Coaching Course.
- The coaching ability of the candidate will be reflected in the improvement of swimmers based on the progression program of the club (ie: Aqua Go, Star Program). Nominator is encouraged to include evidence of swimmer improvement.
- Desired leadership characteristics include technical knowledge, all round development of the athletes and actively contributing to artistic swimming in Saskatchewan.