



**April 30 – May 3, 2026**  
**Saskatoon, SK**

Shaw Centre  
122 Bowlt Cres, Saskatoon, SK S7M 0L1

Hosted by: Saskatoon Aqualenes & Saskatchewan Artistic Swimming



**COMPETITION MANAGERS**

**1. For Technical Questions:**  
**Taya Amundson**  
**SAS Technical Director**  
300-1734 Elphinstone Street  
Regina, SK S4T 1K1  
[TD@saskartisticswimming.ca](mailto:TD@saskartisticswimming.ca)

**2. For Event Questions:**  
**Devin Masch**  
**SAS Events and Communications Director**  
300-1734 Elphinstone Street  
Regina, SK S4T 1K1  
[ECD@saskartisticswimming.ca](mailto:ECD@saskartisticswimming.ca)

**3. Host Club Competition Manager**  
**Saskatoon Aqualenes**

**FIELD OF PLAY**

The Field of Play (FOP) is the competition area. No spectators are permitted in this area. Only athletes, coaches, officials, and volunteers for the event are permitted into the area. Volunteers are in this area only for the event they volunteered for.

The FOP varies by facility and may vary by event. Watch for signs at the pool and let your members attending the competitions know about the FOP area.

**RULES**

Canadian Prairie Championship (CPC) is governed by the CPC Technical Package. For more information about CPC, please refer to this document or contact the SAS TD for more information.

Any exceptions to the rules will be noted in the CPC Technical Package.

**ELIGIBILITY**

CPC is a Championship competition for artistic swimming routines that do not attend the National Qualifier.

Exhibition athletes are not permitted to compete at CPC except as noted in the CPC Technical Package.

## AGE GROUPS

Age Group	Description	Birth Year
10U	Ages 9-10	2016, 2017
12U	Ages 11-12	2014, 2015
Novice	11 and over first year competitive athletes	2015 or earlier
Youth	Ages 13-15	2011, 2012, 2013
Junior	Ages 15-20	2006, 2007, 2008, 2009, 2010
Masters	19+	2007 or earlier

## EVENTS

- Figures
- Solo (Tech & Free)
- Duet (Tech & Free)
- Mixed Duet (Tech & Free)
- Trio (Tech & Free)
- Team (Tech & Free)
- Free Combination (12U, Youth, Masters)
- Acrobatic (Junior)

## INTERESTED CLUBS

All clubs must submit their interest in attending by **December 18, 2025**, by completing the Excel spreadsheet titled 2026 CPC Tentative Meet Registrations. Please rename your individual file to include your Club name before sending back to [ecd@saskartisticswimming.ca](mailto:ecd@saskartisticswimming.ca).

## COMPETITION DEADLINES

**Registration: March 19, 2026**

**Music Submission to SAS TD: March 28, 2026**

**Coach Card Submission to SAS TD: March 28, 2026**

**Spacing Requests to SAS TD: March 28, 2026**

## REGISTRATION

All registration must be submitted using Canada Artistic Swimming RAMP online competition registration system.

Clubs are permitted to enter two solos and three duets per team per age group. Based on the interest submitted by Thursday December 18, this quota may not be required.

## LATE ENTRIES

The club will be charged a **fine of \$25.00** for each late entry and a fine of **\$200.00** will be charged for each late "club" entry.

It is the club / coach and/or swimmer's responsibility to pay this fine to the Chief Referee no later than hour prior to the beginning of the competition. Failure to do so shall result in disqualification.

**REGISTRATION FEES**

Saskatchewan Artistic Swimming must receive entry fees **at least two weeks** prior to the competition. For this competition the date would be by **April 16, 2026**.

**REGISTRATION PAYMENT**

**Send payment to:**

- e-transfer – [payment@saskartisticswimming.ca](mailto:payment@saskartisticswimming.ca)
- cheque – mail to:  
Saskatchewan Artistic Swimming  
#300-1734 Elphinstone Street  
Regina, SK S4T 1K1

**REFUND POLICY**

There are NO refunds after the registration deadline unless a written request or medical certificate is submitted to the SAS Executive Director.

Documents must be submitted as soon as possible. If the written request is submitted during the competition but prior to the event the athlete is competing in, the SAS Executive Director will review the written request the next business day and advise the club if a refund is appropriate.

If clubs need to change what they registered based on Provincial results, they can submit a change without a penalty on the Monday after their Provincials.

**LANYARDS**

Lanyards must be worn by every athlete (while not in the pool), coach, volunteer, and official while in the FOP area. Lanyards for athletes and coaches will be available for pick up by a coach from every club at the registration table on April 30, 2026. Officials pick up their lanyard in the Officials room when they arrive at the pool. Volunteers are given a lanyard by the host club when they arrive in the FOP to volunteer.

Any coach, athlete, official or volunteer who does NOT have a lanyard will be asked to leave the FOP.

**COACH ACCREDITATION**

The minimum coaching certification for CPC is the standard set in each province.

**WAIVERS**

Every athlete and coach must sign a waiver. Waivers will be distributed at a later date. Bring the hardcopy of the signed documents to the Registration table upon arrival at the pool OR (preferred method) save them to your individual google drive where music and coach cards are saved in a separate file.

## Competition Fees 2025-2026

Event	Fee
Figures	\$35.00 per athlete
Solo (Technical or Free)	\$33.00 per athlete
Duet & Mixed Duet (Technical or Free)	\$66.00 per duet
Trio	\$98.00 per trio
Team (Technical or Free)	\$132.00 per team
Combo	\$132.00 per team
Acrobatic	\$132.00 per team

### FIGURES

Figures for all age groups will be drawn on April 1, 2026. All age groups will compete two figures.

### MUSIC DEADLINE MUSIC FORMAT

There must be one digital file for each registered routine in the following format:

- MP3 files with a .mp3 file extension
- File should be a minimum of 192 kb/s

A three second lead time before the music starts and after the music stops is recommended.

### MUSIC FILE NAME

Each routine/music file named as follows:

Event Name, Age Group, Competitor Name, Club Name, Coach Name

Samples of how to name files:

Solo\_Youth\_Jones\_Jane\_Regina\_Swift.mp3  
 Duet\_Free\_Junior\_Jones\_Jan\_Smith\_Anne\_SAQ\_Wachs.mp3  
 Team\_10U\_Regina\_RS\_Chernoff.mp3

***Coaches should review each digital file for quality, timing and completeness.***

### MUSIC BACKUP

If there is an issue with your music when played by the music coordinator, you must be able to provide a backup copy if requested by the Chief Referee. It can be a flash drive or your phone. If it is your phone, please ensure you have the cable to connect your phone to the computer

### MUSIC FINES

A **\$25.00** fine will be assessed for the following:

- each late submission.
- each file submitted in the wrong digital format.
- each file submitted with the wrong file naming format.

In the event of a music failure during the competition, the club must immediately provide a backup in the required format.

A **\$50.00** fine will be assessed for the following:

- In the event of a music failure during the competition, the if the club does not immediately provide a backup in the required format.

If the fine is not paid immediately after the event, a one-point penalty will be applied. The Chief Referee shall instruct the scorer to deduct the penalty.

#### **Coach Cards:**

A **\$25.00** fine will be assessed for the following:

- each late submission.
- each file submitted in the wrong format.
- each file submitted with the wrong file naming format.

#### **ROUTINE ELEMENTS**

There is a set number of elements per routine. See AQUA Appendix III. These must be submitted via Coaches Cards. For Junior/Senior Technical routines, see CAS For Masters' Technical routines, see CAS Penalties in technical routines. see CAS

#### **COACH CARDS**

Coach cards must be uploaded to the same link provided for music by **March 28, 2026**. The link will be provided after registration deadline. Coach cards must be completed using the ISS system.

#### **COACH CARD FINES**

#### **Coach Cards:**

A **\$25.00** fine will be assessed for the following:

- each late submission.
- each file submitted in the wrong format.
- each file submitted with the wrong file naming format.

#### **VOLUNTEERS**

SAS will allocate the total number of volunteer positions to clubs attending the competition. Volunteers will register online through SignUp Genius.

The link will be sent out as soon as it is available.

All volunteer positions are available on a first come, first serve basis.

All clubs are encouraged to volunteer. SAS may assign specific events to SK clubs to provide volunteers.

## ADMISSIONS

Per day: \$10

Pass for both days (Fri, Sat & Sun): \$20

Family Pass for all 3 days (2 adults & 2 kids over 10): \$40  
10 and under: Free

- Payment method: cash or debit/credit at the door

## SIGNAGE

All signage in areas of the facility booked for the competition must be approved by Saskatchewan Artistic Swimming. Saskatchewan Artistic Swimming will determine the location where signage may be displayed. Signage will not be permitted to impact upon the competition.

All clubs have equal opportunity to post signage at the competition. **Requests from clubs must be submitted by registration deadline** to SAS Events and Communications Director. Request must include an image and dimensions of the signage and where the signage will be placed at the facility.

This includes any signs that the Host Club wishes to set up. If you wish to set up a sign at a competition, you must complete a Request for Signage form. Please contact Devin at [ECD@saskartisticswimming.ca](mailto:ECD@saskartisticswimming.ca) for a copy of the form

## SCHEDULE

Tentative schedule:

- Thursday, April 30 – Spacing.
- Friday, May 1 – Spacing continued and Competition begins.
- Saturday, May 2 – Competition continues and banquet.
- Sunday, May 3 – Competition concludes.

Final Schedule will be published separately.

## LIVESTREAMING

SAS will livestream this event. Please go to the SAS Youtube Channel to view.

## OPEN POOL

As per schedule.

## AWARDS

Awards recognize our athlete's achievements. The final schedule will state when each award will be presented. Only the awards listed for each time will be presented at that time. If the awards are not ready at the time indicated during the competition, they will be presented at the end of the competition.

Medals:

- 1 - 3 place Championship scores in AdAS, Novice, 12U and Youth events.
- 1 - 3 place in Junior Tech/Free and Masters Tech/Free.

Ribbons:

- 4 - 6 place Championship scores in AdAS, Novice, 12U and Youth events.
- 4 - 6 place in Junior and Masters Tech/Free.
- 1 - 6 place in Figures.
- 1 - 6 place Routine scores in AdAS, Novice, 12U and Youth events.

Exhibition athletes (Junior in Youth figures) are not eligible for awards.

## **RESULTS**

Results will be emailed to the Club Contact and/or Head Coach and posted a few days after the conclusion of the competition on the Saskatchewan Artistic Swimming website [www.saskartisticswimming.ca](http://www.saskartisticswimming.ca).

During the competition you can find the results on Sportity.

## **PHOTOGRAPHY**

All athletes, coaches and officials may be filmed or photographed during the competition. The videos and photos may be used without permission or authorization of individuals, parents or clubs.

SAS encourages clubs to take photos at the competition and forward them to [ECD@saskartisticswimming.ca](mailto:ECD@saskartisticswimming.ca) for posting on social media. If you post on your social media page, consider adding a hashtag about the competition (#2026CPC).

## **FACILITY REQUIREMENTS FOR ATHLETES, COACHES, OFFICIALS, VOLUNTEERS AND SPECTATORS**

To ensure that artistic swimmers continue to uphold a high standard of conduct, and that we are always welcomed at pool and hotel facilities, we respectfully ask that coaches discuss the following rules with their athletes and club members (parents, club volunteers, etc) and request these rules are followed:

- All street shoes **MUST** be removed when on the deck area, if required by facility.
- All food and drink must be consumed in the designated eating areas at the pool facility.
- All clubs must follow these general rules for gelling:
  - Do not gel hair in the stands or on the pool deck.
  - All gel is mixed in disposable containers and the excess disposed in the garbage and not down any sink or toilet drains.
  - We ask that where possible, athletes gel their hair in the hotel rooms prior to coming to the pool. The same courtesy is used at the hotel.
  - Athletes do not wash their gelled hair in the sinks or dip gelled hair in the hot tub.
- **Any clubs gelling outside of designated area at the pool will be fined \$200.00.**

- Coaches are responsible to ensure that athletes do not remove bobby pins, hairpins, or hairnets in the pool area or hot tub. They are to be removed only in the change area and disposed of in the garbage or marked containers.
- Everyone attending the event, including athletes, coaches, officials, volunteers and spectators are to behave in a mature manner, respecting the guidelines set out by the facility. Any individual not respecting the guidelines may be asked to leave the facility.
- All facilities are to be left in the manner in which they were found at the beginning of the day.

**ACCOMODATIONS** SAS is currently in contact with the Discover Saskatoon and will secure a block of rooms that coaches/athletes and parents can book into for the competition. Information on the Host Hotel will be sent out by the end of October at the latest.

**BANQUET** The athlete and coach banquet is Saturday, May 2, 2026. Location and banquet details will be included in following information packages, closer to the event.

**MERCHANDISE** Information about CPC merchandise will be provided closer to the date of competition.

**FUNDRAISING** Information about any fundraising at the event will be provided closer to the date of competition.

**DONATIONS** [Click here](#) for the pdf tax deductible donation form

**SPONSORS**

