

Welcome to the Canadian Prairie Championship

And welcome to Regina!

In partnership with Saskatchewan Artistic Swimming, Regina Synchro welcomes you to the Canadian Prairie Championship. We have been working hard to get ready for this weekends event and so excited to share the pool with you.



This email contains important information for the competition.

1. **Club Packages** – Regina Synchro will have club packages available for each club to pick up when they arrive Friday for Spacing. This will be available for pick up in Classroom 3 - “Club Registration” in the main lobby area. We have accreditation tags for all athletes and coaches however if there are any that were missed, please let us know and we will try our best to get a tag made on Friday.
2. **CPC Waivers** – If you have not already saved all you athletes CPC waivers to your google drive, please do this prior to the competition. Alternatively, a physical copy can be provided/handed in at the club registration table.
3. **Merchandise Orders** – For anyone who purchased CPC branded clothing your orders will be available for pick up at “Volunteer Central” as well. The orders need to be signed for when being picked up as well. For those who missed out or who want to order clothing during the competition the online store will be reopened on Wednesday April 24 to Monday April 29 for anyone to place an order. Those items can be picked up in Saskatoon at Al Andersons Source for Sports in Saskatoon for free or pay a small shipping fee to have them shipped to you anywhere in Canada.

To order your CPC clothing please click on the link below: Insert link here...

4. **Admissions** – This competition will have admissions for all spectators. The price for admission is as follows:
Per Day: \$10 per person.
Pass for all three (3) days (Fri, Sat & Sun): \$20 per person.
Family pass for all three (3) days (2 adults, 2 kids over 10): \$40 per family
10 and under: Free

All spectators will need a wristband to get into the competition to observe. Please keep your wristband at least for the duration of the competition or until that pass expires.

5. **Event Photographer:** The event photographer will be Wanda Harron Photography. To read about her background in photography or to view pictures she has previously taken please go to www.wandaharronphotography.ca. Once images are posted on her website, anyone can purchase downloads or prints from that site. Her goal is to have all the images from the competition posted to her website within two weeks. She will let SAS know once everything is up & we will send a communication to the club contacts and coaches to let their athletes know when the images are ready to view and purchase.

Photograph Prices

Single Photo Download - \$7.50

Routine Download (minimum 20 photos) - \$75

**After photos are posted there will be a ‘CPC Special’ that will be \$50/routine—valid for 2 weeks only*

6. **Team Rooms** – We know space is tight in Regina and glad we are all friends. To help you with stretching, gelling, eating, land drilling, etc. we have secured two classrooms in the building to give you some extra space. It is yours to use while visiting Regina and kindly ask you leave your classroom in better shape than found.

Classroom assignments by Club are:

- a. Classroom 1 (entrance found in the Traxx cafeteria)
 - i. Aquatica Synchro Club
 - ii. Border City Stingrays
 - iii. Brant Artistic Swimming
 - iv. Thunder Bay Artistic Swimming
 - b. Classroom 3 – Club Registration initially (Friday during spacing) then change to a club room.
 - i. Regina Synchro
 - ii. Saskatoon Aqualenes
 - iii. Estevan Mermaids
 - iv. Weyburn Artistic Swimming
7. **Change Rooms** – Both men and women’s change rooms are available for the competition. To equalize numbers Clubs have been divided as follows:
- a. **Women’s Changeroom:** Designated as the athletes changeroom.
 - b. **Men’s Changeroom:** Designated as the men’s changeroom and washroom.
8. **Schedule** – To minimize our environmental footprint, Regina Synchro opted to create a QR code for the schedule versus printing copies or charging program fees. The Schedule QR code is in your package and can also be found at Admissions and around key areas of the building. We will do our best to announce if any changes impact the schedule after each event.
9. **Healthy Hunger**– Orders for Healthy Hunger can be picked up at Volunteer room.
10. **Jolyn** – A representative from the Jolyn swim company will be on site in the main foyer. We hope you find something new to show off all summer long!
11. **Banquet** – Your tickets, based on the pre-registrations provided to Saskatchewan Artistic Swimming, to attend the banquet are in the marked banquet envelopes in your club welcome package.

At this time, we would like to recognize our event sponsors and donors for the competition.

Event Sponsors

Sask Lotteries, Regina Hotel Association, The Atlas Hotel, Ramada by Wyndham, Save on foods, Culligan, Al Andersons Source for Sports.

Event Donors

Sask Milk, SaskEnergy, City of Regina, Best Western Hotel, Sticks & Doodles, Leopold’s Tavern, Level 10 Fitness, Sobey’s, Callia Flowers, Yeti, Oxygen Yoga, Sub Express, Dairy Queen and Access Communications.

Regina Synchro and Saskatchewan Artistic Swimming and all our are thrilled to welcome each one of you to the much-awaited 2024 Canadian Prairie Championship. Thank you for all you do as we come together to appreciate and encourage the spirit of sportsmanship and excellence displayed by our talented athletes.

