



## **Marnie Eistetter Training Meet, Awards Banquet & Athlete Camp Information Package**

<b>DATE</b>	<b>November 25 &amp; 26, 2023</b>
<b>LOCATION</b>	<b>Estevan Leisure Centre</b> 701 Souris Ave Estevan, SK S4A 2T1
<b>AWARDS BANQUET</b>	<b>Wylie Mitchell Squadron</b> 811 Souris Ave Estevan, SK <ul style="list-style-type: none"><li>Stay tuned for more details about the Awards Banquet</li></ul>
<b>ATHLETE DEVELOPMENT CAMP</b>	More details about the Athlete Camp will be sent out in a separate Information Package.
<b>COMPETITION MANAGERS</b>	<b>1. For Technical Questions:</b> <b>Taya Amundson</b> SAS Technical Director <a href="mailto:TD@saskartisticswimming.ca">TD@saskartisticswimming.ca</a>  <b>2. For Event Questions:</b> <b>Devin Masch</b> SAS Events and Communications Director <a href="mailto:ECD@saskartisticswimming.ca">ECD@saskartisticswimming.ca</a>  <b>3. Host Club – Estevan Mermaids</b> <b>Amanda Fonstad</b> Competitions Manager <a href="mailto:estevanmermaids@gmail.com">estevanmermaids@gmail.com</a>
<b>FIELD OF PLAY</b>	<p>The Field of Play (FOP) is the competition area. No spectators are permitted in this area. Only athletes, coaches, officials, and volunteers for the event are permitted into the area. Volunteers are in this area only for the event they volunteered for.</p> <p>The FOP varies by facility and may vary by event. Watch for signs at the pool and let your members attending the competitions know about the FOP area.</p>
<b>RULES</b>	The competition will be held in accordance with the Saskatchewan Artistic Swimming Rulebook <a href="https://www.saskartisticswimming.ca/governance/rulebooks">https://www.saskartisticswimming.ca/governance/rulebooks</a>

## ELIGIBILITY

Competition: 10U, 12U, Novice, Youth, Junior, and AdAS.

Coaches: all coaches must have proper certification to receive accreditation for deck access at the competition.

## AGE GROUPS

Age Group	Description	Birth Year
10U	Ages 9-10	2014, 2015
12U	Ages 11-12	2012, 2013
Novice	11 and over first year competitive athletes	2012 or earlier
Youth	Ages 13-15 (female) Ages 13-16 (male)	2009, 2010, 2011 2008, 2009, 2010, 2011
Junior	Ages 15-20 (female & male)	2004, 2005, 2006, 2007, 2008, 2009

## EVENTS

Figures: All age groups.

HP Summer Provincial Team Trials: As per the 2023-2024 HP Working Booklet, athletes intending to participate in these trials must register for the Junior figure event at this competition.

- Junior athletes - register as usual.
- Youth and 12U - register as usual in Youth and 12U figures. Also register these athletes in Junior figures. They will compete as Exhibition in the Junior event. Please notify the SAS TD of all Exhibition athletes.

HP Trials Notes:

- Only athletes participating in these HP trials are permitted to register in two figure events.
- Athletes required to register in two figure events only pay the fee for one figure event.
- Athletes competing in two different age groups may compete in back-to-back events.

<b>REGISTRATION</b>	All registrations must be submitted using Canada Artistic Swimming online competition registration system. Register each athlete individually. Select Figures in the athlete's appropriate age group.
<b>REGISTRATION DEADLINE</b>	<b>October 24, 2023</b>
<b>LATE ENTRIES</b>	<p>The club will be charged a <b>fine of \$25.00</b> for each late entry and a fine of \$200.00 will be charged for each late "club" entry.</p> <p>It is the club /coach and/or swimmer's responsibility to pay this fine to the Chief Referee no later than hour prior to the beginning of the competition. Failure to do so shall result in disqualification.</p>
<b>REGISTRATION FEES</b>	Saskatchewan Artistic Swimming must receive entry fees <b>two weeks</b> prior to the competition.
<b>REGISTRATION PAYMENT</b>	<p><b>Send payment to:</b></p> <ul style="list-style-type: none"> <li>• e-transfer – <a href="mailto:payment@saskartisticswimming.ca">payment@saskartisticswimming.ca</a></li> <li>• cheque – mail to: Saskatchewan Artistic Swimming #300-1734 Elphinstone Street Regina, SK S4T 1K1</li> </ul>
<b>REFUND POLICY</b>	There are NO refunds after the registration deadline unless a written request or medical certificate is submitted to the Executive Director. The request may be submitted any time prior to the event the athlete is competing in. Note: Documents must be submitted as soon as possible.
<b>ADMISSIONS</b>	Spectators for the artistic swimming figure events will require a wristband to access the designated seating area. There is no admission fee for this competition. A donation box will be available for those spectators wishing to leave a donation, which will be used towards the cost of hosting this event. We appreciate your support! Thank you!
<b>ACCREDITATIONS AND LANYARDS</b>	<p>All officials, coaches and volunteers must wear lanyards on deck to access the FOP. Accreditations for the new season are distributed as follows:</p> <ul style="list-style-type: none"> <li>• Officials – Head Judge will distribute during the Officials Meeting.</li> <li>• Coaches – SAS Technical Director will distribute during the Coaches Meeting.</li> </ul>

- Volunteers – pick up accreditations at the volunteer check-in table.

## FIGURES

Complete figure list for this competition is listed at the end of this document labeled Appendix A – Figure List.

## VOLUNTEERS

Volunteers are key to running a successful competition. SAS determines the number of volunteers required. Clubs attending the competition will be asked to provide volunteers.

## VOLUNTEER TRAINING

SAS will host a virtual volunteer training session before each competition this season. **If you are a volunteer for any competition this season, you are strongly encouraged to attend.**

Date and time for this meeting will be provided closer to date of competition.

## SIGNAGE

All signage in areas of the facility booked for the competition must be approved by Saskatchewan Artistic Swimming, including any signage the Host Club would like to set up. Saskatchewan Artistic Swimming will determine the location where signage may be displayed. Signage will not be permitted to impact upon the competition.

All clubs have equal opportunity to post signage at the competition. Requests from clubs must be submitted by October 28, 2023, to SAS Events and Communications Director. Request must include an image and dimensions of the signage and where the signage will be placed at the facility.

## SCHEDULE

Tentative schedule:

- Saturday 8 am - 5 pm - Figures
- Saturday 6 pm - 9 pm - Banquet
- Sunday 7:30 am - 1 pm - Athlete Camp

Final Schedule will be published separately.

## AWARDS

Ribbons for 1-6 place in all events.

Awards recognize our athlete's achievements. The awards ceremony is a time of celebration. All awards will be presented at the banquet on Saturday evening.

## RESULTS

Results will be emailed to the registered coaches by Chief Scorer during the competition and posted on the Saskatchewan Artistic Swimming website

[www.saskartisticswimming.ca](http://www.saskartisticswimming.ca) after the competition.

## **PHOTOGRAPHY**

All athletes, coaches, volunteers, and officials may be filmed or photographed during the competition. The videos and photos may be used without permission or authorization of individuals, parents, or clubs. We encourage clubs to send their photos to [ECD@saskartisticswimming.ca](mailto:ECD@saskartisticswimming.ca) for posting on Facebook.

## **FACILITY REQUIREMENTS FOR ATHLETES, COACHES, OFFICIALS, VOLUNTEERS AND SPECTATORS**

To ensure that artistic swimmers continue to uphold a high standard of conduct, and that we are always welcomed at pool and hotel facilities, we respectfully ask that coaches discuss the following rules with their athletes and club members (parents, club volunteers, etc.) and request these rules are followed:

- All street shoes **MUST** be removed when on the deck area, if required by facility.
- All food and drink must be consumed in the designated eating areas at the pool facility.
- Everyone attending the event, including athletes, coaches, officials, volunteers, and spectators are to behave in a mature manner, respecting the guidelines set out by the facility. Any individual not respecting the guidelines may be asked to leave the facility.
- All facilities are to be left in the way they were found at the beginning of the day.

## **RELIGIOUS OR MEDICAL ADORNMENTS**

Any club with an athlete who will wear a religious or medical alert adornment while competing must send a note by registration deadline to SAS Technical Director at [TD@saskartisticswimming.ca](mailto:TD@saskartisticswimming.ca)

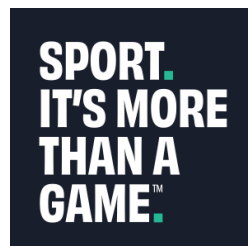
## **ACCOMODATIONS**

If any clubs/athletes/coaches/parents are looking for local accommodations in Estevan, please click the link for information <http://estevan.ca/where-to-stay/>.

## **DONATIONS**

[Click here](#) for the pdf tax deductible donation form.

## **SPONSORS**



## Appendix A - Figure List

	<b>Figure 1</b>	<b>Figure 2</b>	<b>Figure 3</b>	<b>Figure 4</b>
<b>AdAS Level 1 Group 1</b>	Star 1 Tub turn and reverse in both directions DD 1.0	Star 2 Sailboat Alternate DD 1.0	BM3 Front Pike Pull Down DD 1.0	BP1 Back Layout Position DD 1.0
<b>AdAS Level 2 Group 1</b>	310 Somersault Back Tuck DD 1.1	101 Ballet Leg Single DD 1.6	323 Somersault Front Pike DD 1.4	BP16 Split Position DD 1.0
<b>10U Group 1</b>	101 Ballet Leg Single DD 1.6	301 Barracuda DD 1.8	359 Front Ariana Modified DD 2.2	344 Neptunus DD 1.7
<b>Novice Group 2</b>	106 Straight Ballet Leg DD 1.6	301 Barracuda DD 1.8	363 Water Drop DD 1.8	401 Swordfish DD 2.1
<b>12U Group 2</b>	106 Straight Ballet Leg DD 1.6	301 Barracuda DD 1.8	363 Water Drop DD 1.8	401 Swordfish DD 2.1
<b>Youth Section A Group 1 &amp; Section B Group 3</b>	140g Flamingo Bent Knee, Twist Spin DD 2.9	437 Cyclone, Open 180 DD 2.6	356f Whip Cont. Spin 720 DD 3.0	441 Saturn DD 2.5
<b>Junior Team Elements</b>	1B Flying Fish Hybrid DD 2.3	2B Vertical - Half Twist to Bent Knee - Half Twist to Vertical – Split – Walkout DD 2.3	N/A	N/A