

# 2026 Sandra Roberts Provincial Championship

Version 5 January 21, 2026

Schedule may move forward to a maximum of 30 minutes at the discretion of the Chief Referee

## 24-Jan-26

TIME	EVENT	CATEGORY	ENTRIES	Awards
<b>Deck Access</b>				
7:30 AM	Access for Volunteers and Athletes			
<b>Coaches Meeting</b>				
8:00 AM - 8:45 AM	Coaches Meeting			
8:45 AM - 9:00 AM	Chief Referee/Chief Scorer Meeting			
<b>Figure Session #1</b>				
9:00 AM - 9:25 AM	Warm-up - 5m laps, 20m figures			
9:25 AM - 11:05 AM	Panel 1	Youth	13	Awards #2
	Panel 2	12U/Nov (merged)	17	Awards #2
<b>Figure Session #2</b>				
11:05 AM - 11:30 AM	Warm-up - 5m laps, 20m figures			
11:30 AM - 12:20 PM	Panel 1	10U	9	Awards #1
	Panel 2	Junior	13	Awards #1
<b>Lunch Break</b>				
12:20 PM - 1:00 PM	Lunch Break / Open Pool			
<b>Figure Session #3</b>				
1:00 PM - 1:25 PM	Warm-up - 5m laps, 20m figures			
1:25 PM - 3:00 PM	Panels 1 + 2	SWG	42	Awards #2
<b>Break</b>				
3:00 PM - 4:00 PM	Setup pool for routines - OPEN POOL after setup is done			
<b>Routine Session #1 Solos/Team Tech</b>				
4:00 PM - 4:25 PM	Warm-up - 5m laps, 20m routines			
4:25 PM - 5:00 PM	Competitors (No pre-swimmers)		6	
	Solo	10U	1	With Marks
	Solo	12U	1	With Marks
	Solo	Junior Free	2	Awards #2
	Solo	Sr Male Free	1	With Marks
	Team	Senior Team Tech	1	Awards #2
<b>Supper Break</b>				
5:00 PM - 5:30 PM	Supper Break/Open Pool			
<b>Routine Session #2 Solos</b>				
5:30 PM - 5:55 PM	Warm-up - 5m laps, 20m routines			
5:55 PM - 7:05 PM	Competitors (No pre-swimmers)		15	
	Solo	SWG	10	Awards #2
	Solo	Youth	3	Awards #2
	Solo	Senior Free	2	Awards #2

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**25-Jan-26**

TIME	EVENT	CATEGORY	# of SWIMMERS	Award Presentation
<b>Deck Access for Volunteers and Athletes</b>				
7:30 AM				
8:00 AM	- 8:15 AM	Competition Setup/Chief Referee is available for Coaches		
<b>Routine Session #3 Duets</b>				
8:15 AM	- 8:50 AM	Warm-up - 5m laps, 30m routines / Split Warm-up		
8:50 AM	- 10:10 AM	Competitors (No pre-swimmers)		
			15	
		Duet	12U	Awards #2
		Duet	Youth	With Marks
		Duet	SWG	Awards #2
		Duet	Junior Free	With Marks
		Duet	Senior Free	With Marks
<b>Routine Session #4 Teams/Solos</b>				
10:10 AM	- 10:45 AM	Warm-up - 5m laps, 30m routines / Split Warm-up		
10:45 AM	- 11:30 AM	Competitors (1 pre-swimmers)		
			9	
		Team	10U	Awards #1
		Solo	Junior Tech	Awards #2
		Solo	Senior Tech	Awards #2
		Solo	Male Senior Tech	With Marks
<b>Awards Presentation #1</b>				
11:30 AM	- 12:15 PM	Awards #1 - Lunch Break & OPEN POOL after Awards		
<b>Routine Session #5 Teams</b>				
12:15 PM	- 12:50 PM	Warm-up - 5m laps, 30m routines / Split Warm-up		
12:50 PM	- 2:00 PM	Competitors (No pre-swimmers)		
			9	
		Team	12U	With Marks
		Team	Youth	Awards #2
		Team	SWG	Awards #2
		Team	Junior Free	With Marks
		Team	Senior Free	With Marks
<b>Awards Presentation #2</b>				
2:00 PM				

***See you at the Diane Lemon Invitational!***