



2023 Saskatchewan Winter Games Information Package

COVID-19 PROTOCOLS	All municipal and provincial COVID-19 restrictions will be followed at the time of competition, if required.
DATE	February 19-22, 2023
LOCATION	Regina, SK – Lawson Aquatic Centre
MEET MANAGER	Taya Amundson Technical Director, Saskatchewan Artistic Swimming 300-1734 Elphinstone Street Regina, SK S4T 1K1 (306) 780-9227 TD@saskartisticswimming.ca Host Club Competition Manager Regina Synchro *Please contact SAS TD with any questions prior to the meet.
RULES	The competition will be held in accordance with the Saskatchewan Artistic Swimming Rulebook https://www.saskartisticswimming.ca/governance/rulebooks along with Canadian Artistic Swimming Rulebook www.artisticswimming.ca > Competitions > CAS Rulebooks..
ELIGIBILITY	Athletes: Provincial Stream Competitive Athletes who are in good standing with Saskatchewan Artistic Swimming. Coaches: NCCP Introduction to Competition or higher prior to the first day of Competition. Certification will be verified by Saskatchewan Artistic Swimming.
AGE GROUP	Year of Birth: 2005 – 2011 Inclusive. An athlete born in 2004 who was previously selected by their district for Artistic Swimming in the 2022 Saskatchewan Winter Games is eligible to compete.

EVENTS	<p>Figures for all participants</p> <p>Solo, duet & team for preliminaries and finals</p> <p>Mixed duet (one male and one female) event for finals only</p>						
REGISTRATION	<p>All registration must be submitted using Canada Artistic Swimming online competition registration system. Athletes and coaches must also register with their district. Contact your District Coordinator for information.</p> <p><i>SAS requests each District to submit a list of names and birthdates of all athletes and coaches by Tuesday, October 18, 2022 to Taya Amundson at TD@saskartisticswimming.ca.</i></p>						
REGISTRATION DEADLINE	December 1, 2022						
REGISTRATION PAYMENT	<p>Payment will be made for each individual athlete on the Saskatchewan Winter Games Gems Pro Registration System. More information on this is available through your District Coordinator.</p>						
FILL POLICY	<p>The Saskatchewan Winter Games Fill Policy allows PSGBs the opportunity to add additional competitors to district teams if at the conclusion of the district selection process not all district teams are able to field a full team.</p> <p>The number of fill athletes will be determined by SAS after registration through the CAS system and receipt of the registered athletes from all Districts.</p> <p>Fill athletes will compete in both figures and in their fill routine. After preliminaries, fill routines will be placed in the B Flight for final competition. Fill routines are eligible for ribbons but do not receive Flag Points for their district.</p>						
FIGURES	<p>12U Figures</p> <table border="1"> <thead> <tr> <th>Compulsory</th><th>Optional Figures</th></tr> </thead> <tbody> <tr> <td>106 Straight Ballet Leg DD 1.6</td><td>311 Kip DD 1.6</td></tr> <tr> <td>301 Barracuda DD 1.8</td><td>227d Swanita Spinning 180° DD 1.9</td></tr> </tbody> </table>	Compulsory	Optional Figures	106 Straight Ballet Leg DD 1.6	311 Kip DD 1.6	301 Barracuda DD 1.8	227d Swanita Spinning 180° DD 1.9
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ROUTINE TIMES	Age Group 12U routine times. See CAS 4.2.3 plus or minus 5 seconds.						
MUSIC DEADLINE	<p>All music for routines must in digital format. Files must be sent to the Technical Director by: February 1, 2022 using Google Uploader. More details, including the Google Uploader link, to follow.</p>						

MUSIC FORMAT

There must be one digital file for each registered routine in the following format

- MP3 files with a .mp3 file extension

It is suggested there is a 3-5 second lead from “play” until the music starts.

In the event of a music failure during competition, the club must immediately provide a backup in the required format. Failure to provide a working copy will result in a \$50 fine. If the fine is not paid immediately after the event, a one-point penalty will be applied. The Chief Referee shall instruct the scorer to deduct the penalty.

MUSIC FILE NAME

Each routine/music file named as follows:

Event Name, Age Group, Competitor Name, Club Name, Coach Name

Samples of how to name files

Solo_13-15_Jones_Jane_Weyburn_Swift.mp3

Duet_Junior_Jones_Jan_Smith_Anne_Aqualenes_Wachs.mp3

Team_10U_Regina_TS_Chernoff.mp3

Coaches should review each digital file for quality, timing and completeness.

VOLUNTEERS

Every volunteer must register on the Sask Winter Games Gems Pro System to gain access to the pool deck.

Each district is requested to “sponsor” one event that your district is registered for. Sponsor means that the bulk of the volunteers of that event come from that district. *Please advise if you would like to do this and we will block off an event for your District.* Club volunteers can volunteer for other events regardless of the club. Register online through Sign-up. The link will be sent out as soon as it is available.

SCHEDULE

- Sunday – Opening Ceremonies and Coaches Meeting
- Monday – Spacing, Solo Preliminaries and Figures
- Tuesday – Solo Finals, Duet Preliminaries, Team Preliminaries and Duet Finals
- Wednesday – Team Finals

Final Schedule will be published separately.

SEEDING

Each District may enter two Solos, two Duets, one Mixed Duet and one Team routine. There shall be Preliminaries and Finals in all routine events except mixed duet.

The top Solo and Duet from each District after preliminaries will advance to the “A” Solo and Duet Finals. The second placing Solo and Duet from each District will compete in the “B” Solo and Duet Finals. All fill routines will be in the “B” Finals.

In the Team event, all entrants will compete in both Preliminaries and Finals.

AWARDS

“A” Flight

- Medals shall be presented for 1st, 2nd and 3rd place for championship mark.
- Ribbons for 4th, 5th and 6th place shall be presented for championship.

“B” Flight

- Ribbons for 1st to 6th place for championship shall be presented.

Figures

- Ribbons for 1st to 6th place shall be presented.

RESULTS

All results are unofficial until posted by Saskatchewan Winter Games. During the competition, Saskatchewan Artistic Swimming will email unofficial results to all coaches registered for the competition and each club Head Coach. After the competition, Saskatchewan Artistic Swimming will post unofficial results on the Saskatchewan Artistic Swimming [website](#).

At the conclusion of each event, Flag points will be awarded to the districts as follows. Equal points will be awarded to both the “A” and “B” flights.

1 st Place - 8 points	5 th Place - 4 points
2 nd Place - 7 points	6 th Place - 3 points
3 rd Place - 6 points	7 th Place - 2 points
4 th Place - 5 points	8 th Place - 1 point

PHOTOGRAPHY

All athletes, coaches and officials may be filmed or photographed during the competition. The videos and photos may be used without permission or authorization of individuals, parents or clubs.

SPONSORS

